

# Memory Support Resources

The **Memory Care Education program at Cross Keys Village** offers support to individuals living with Alzheimer's disease or another neurocognitive disorder, and to their care partners.

**Support groups offered at Cross Keys Village** are open at no cost to villagers and to neighbors from the greater community. Groups are held in our new Lifespring building located at 227 Village Drive New Oxford, PA 17350.

Call **Erin Nelson, Director of Memory Support** at **717-624-5403** or email **e.nelson@crosskeysvillage.org** for schedule and registration details.

## Embracing Your Story

**Embracing Your Story** is a three-chapter guide designed to inform and inspire a loving community of people living with neurocognitive disorders (such as Alzheimer's disease or another related dementia) and care partners.

The whole series is offered three times a year. Pre-registration is required. Call 717-624-5403.

- **Chapter 1— Embracing You**  
An opportunity to connect with others facing a recent dementia diagnosis.
- **Chapter 2— Embracing Us**  
An opportunity to share experiences, connect, and learn from others living with a dementia diagnosis.  
**Prior completion of Chapter 1 is required.**
- **Chapter 3— Embracing Moments**  
An opportunity to learn practical ways to create meaningful moments.  
**Prior completion of Chapter 1 and 2 is required.**

## Other Support Groups

- **The Path to Healing**  
This group is designed to support those who have recently lost a loved one due to progressive dementia. Through interactions with others, this group will focus on empowerment and healing.
- **Care Partner's Haven**  
This group is designed specifically for care partners, to discuss the joys, challenges, and successes of being a long-term care partner.
- **Lifespring Connect and Renew**  
This group supports the care partners of participants in the Lifespring Day program.
- **Parkinson's Thursday**  
This monthly group's aim is to empower people living with Parkinson's disease and their care partners through education and peer support.

Updated 12/01/2024



**CROSS KEYS VILLAGE**  
The Brethren Home Community

[WWW.CROSSKEYSVILLAGE.ORG/MEMORY](http://WWW.CROSSKEYSVILLAGE.ORG/MEMORY)