

How to navigate the "next step" in caregiving and self-care.

Every Third Tuesday
2:00 — 3:30 p.m.
Lifespring Resource Center

"For better or for worse." How deeply those words resonate in the minds of caregivers whose spouse needs to transition from home to a higher level of care due to a health or safety issue.

Cross Keys Village offers this special support group for caregivers whose spouse has already transitioned to Health Care or to Personal Care / Brookside. The group is open to villagers and to our neighbors in the greater community facing this situation. While not strictly a grief group, the group also covers loss, and is open to widows and widowers.

While there is no cost to attend, registration is required before attending for the first time. Please call Director of Memory Support Erin Nelson at (717) 624-5403. (Villagers can call extension 5403.) You can also email Erin at e.nelson@crosskeysvillage.org.



