

Volume 24, Number 13



VILLAGE Voice

March 28, 2025



CROSS KEYS VILLAGE
The Brethren Home Community

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*Welcome
to our new Villagers!*

- Linda & Dick Fields moved from McSherrystown to 271 Coventry Court. Their phone number is 717-624-5236.

Follow Cross Keys Village on
social media!



Village News

Faith And Life Bible Study Group Pastor Linda Titzell, Ext. 5580

You are invited to join the Faith and Life Bible study group as we soon begin the study of the Books of Luke and Acts. There are two study groups – one group meets Tuesday evenings from 6:00 to 7:00 pm in the Encore Room, and the other meets Wednesday afternoons from 3:00 to 4:00 pm in the Ensemble Room. Plans are to begin the study of Luke right after Easter (we are currently working on the final chapters of II Samuel). If you are interested in the next Bible study, please call me at ext. 5580, and I will send you a summary of Luke that you can review in the interim. Welcome to the Faith and Life Bible study group!



Volunteers Needed Cindy Boyer, Ext. 5227 Volunteer Services

Volunteer Services is looking for the following:

- Volunteers in Personal Care on Sunday mornings from 9:30 to 11:30 am to transport residents in wheelchairs for Nicarry church services.
- Volunteers in Health Care on Sunday mornings from 9:30 to 10:30 am to transport residents in wheelchairs to their neighborhood lounge area for church services.

You must be a registered volunteer to fill these needs. If you are not registered, Volunteer Services will work with you to register as a volunteer. To volunteer in Healthcare, Personal Care, Brookside, or Lifespring, you must read over and sign the education packet(s) required in those areas.



Harmony Ridge Showcases Holly Fetting, Ext. 5544 Director of Life Enrichment

This month we are featuring both Carol Locke Roy displaying her deer collection and Richard and Darlene Hoffman displaying their Easter decor.

From Carol: “As a child, my family spent a lot of vacation time in PA state parks. One year my father said I could pick out something at a gift shop. I chose a deer family. A doe, a buck, and two babies. I forgot about them until many years later when I was moving into my new home. I found a box with things from my childhood and found two baby deer. Mom and Dad deer were nowhere to be found.”

Thus, my deer collection started. Over the years I have added to the collection. Many are memories of trips and special occasions. Many of the collections have been gifts from special people in my life. I have never received two alike, and many are just fun, like the reindeer sandal in glass from Key West.”

May they bring a smile to your face as they do to mine.”

From items received in their childhood Easter baskets to finds rescued from yard sales or flea markets or gifts received from folks who had no idea what else to get them, Richard and Darlene Hoffman have created a huge collection of Easter décor. When they moved to Cross Keys Village, some items went to family members or to an auction, but most of their collection remains intact. This display features a sampling of some of their cherished Easter items!



Village News

Wellness April Challenge Wellness Team, Ext. 5410

Wellness is kicking off a fun challenge for April... 30 air squats each day, every day! Can you commit to it? Stop by the Wellness Lobby for your challenge form. Villagers who complete the challenge are entered for a chance to win a Squat Challenge T-shirt!



The Lenten Prayer of St. Ephrem Pastor Linda Titzell, Ext. 5580

The St. Ephrem prayer is a classic prayer most often used during Lent. Perhaps this simple prayer could help us gain a deeper understanding of the meaning of Lent.

Saint Ephrem was born around the year A.D. 306 in a Syrian town located in modern-day Turkey. He lived in a period when churches were suffering great persecution under the Roman Emperor Diocletian. St. Ephrem wrote prolifically. He composed more than 1000 poems and hymns, earning him the name,

“Harp of the Faith.” He died in Edessa in A.D. 373 while ministering to victims of the plague.

He is most famous today for “The Prayer of Righteous Ephrem,” also called “The St. Ephrem Prayer,” which continues to be used during Lent by Orthodox Churches. It is considered to be the classic Lenten prayer, used in daily Lenten services in Orthodox churches and several times a day in private prayers during Lent.

Here is the word of the St. Ephrem prayer:

“O Lord and Master of my life, take from me the spirit of sloth, despair, lust of power, and idle talk. But give rather the spirit of chastity, humility, patience, and love to Thy servant. Yea, O Lord and King, grant me to see my own transgressions, and not to judge my brother, for blessed art Thou, unto ages of ages. Amen.”

However you may choose to pray the St. Ephrem prayer—several times a day, daily, simply once a week, or one time during your Lenten journey—it can help your observance this year to reflect a true Lenten spirit.

(Excerpts, Guideposts writer Bob Hostetler)



Upcoming Activities

SUN
MAR
30

Sunday Movie Matinee:
"Hondo"
Charlie Herr, Ext. 5725
Villager Movie Group

2:00 - 3:30 pm Theater
No sign-up necessary

"Hondo" is a western directed by John Farrow and starring John Wayne and Geraldine Page. The screenplay is based on the 1952 short story "The Gift of Cochise" by Louis L'Amour.

Army dispatch rider Hondo Lane discovers a woman and young son living in the midst of warring Apaches and becomes their protector.

Rated PG, with subtitles.

MON
MAR
31

Good News Group
Larry Gladfelter, Ext. 6683

10:30 am Theater
No sign-up necessary

The Villager-led Good News Group is presenting the ministry of Pastor Gary Hamrick of Cornerstone Chapel, Leesburg, VA. Meeting together and watching the programs will deepen your understanding of God's Word and foster good fellowship. Our next program will be on Genesis 33 - 34.

WED
APR
2

National Walking Day
Wellness Team, Ext. 5410

9:00 am & 12:00 pm Wellness Lobby
No sign-up necessary

Lace up your shoes and celebrate National Walking Day with a walk around campus. We look forward to seeing you there!

WED
APR
9

Ladie's Fellowship
Breakfast
Kathy Lundari, Ext. 6691

8:00 am Garden Room
Sign up in Uniguest or Harmony Ridge Lobby

You are invited to join us for fellowship, inspiration, and a delicious warm breakfast buffet. Our speaker will be Villager Richard Owens who was cancelled in February due to snow. We would like to start donations to the Good Samaritan Fund in April. There is no obligation to contribute.

TUES
APR
15

Village Diversity Group
Meeting
Terry Mobley, Ext. 5954
Village Diversity Group

12:00 - 1:30 pm Encore Room
No sign up necessary

The April meeting of the Village Diversity Group will feature an open discussion of topics related to the group's mission statement as well as a discussion of upcoming events being planned or considered by the group. The Village Diversity Group strives to advance awareness of diversity issues to create an environment of inclusion through self-reflection, dialogue, and education.

WED
APR
16

Easter Eggs &
Ice Cream
Monte Leister, Ext. 5293
Life Enrichment Specialist

10:00 am - 12:00 pm Art Education Studio
No sign up necessary

Drop in and help us decorate large plastic Easter eggs for our CKV egg hunt. After you've decorated at least three eggs, you can enjoy some free ice cream. Eggs and ice cream available while supplies last.

Upcoming Activities

THUR
APR
17

Annual Business & Wellness Expo

Hosted by the Brethren Home Foundation

9:00 - 11:30 am Nicarry Meetinghouse
No sign up necessary

Join us for the Annual Business & Wellness Expo! This exciting event brings together local businesses and wellness organizations to showcase their services, connect with the community, and provide valuable resources. It's the perfect opportunity to learn more and meet industry professionals.

THUR
APR
17

Nutrition Talk

Laura Miller, Ext. 5285
Campus Dietician

10:00 am Theater
Sign up in Uniguest or Harmony Ridge Lobby

Many of us take time to plan our meals to ensure we're getting a variety of foods. But are you planning your snacks to round out your intake throughout the day? Join Laura Miller, RD, LDN, to learn more about healthy snacking, tips on including and planning healthy snacks, and different snack ideas.

THUR
APR
17

Drawing Techniques

Monte Leister, Ext. 5293
Life Enrichment Specialist

10:00 am - 12:00 pm Art Education Studio
Sign up in Uniguest or Harmony Ridge Lobby

Villager artist Deb McKeen is continuing her Thursday drawing classes. Learn how to see and draw a variety of objects and add dimension to them by capturing the lights and shadows. No previous art experience is necessary. Bring your sketchpad and work on honing your skills.

THUR
APR
17

Titanic Miniseries: Part 5

Nikki Bull, Ext. 5294
Life Enrichment Specialist

3:00 - 4:40 pm Theater
Sign up in Uniguest or Harmony Ridge Lobby

Titanic's sister ship, the Olympic, is damaged again. The gashes in Olympic suggest that the steel is just too weak. Eventually they have to concede that the steel, combined with the sheer scope, is just not good enough. The double hull would have protected the ship - perhaps the bulkheads too. For this to become a serious problem, Titanic would have to crash into something very solid - an occurrence that seems remote on the Atlantic Ocean. At the end, in a breathtaking ceremony, the Titanic is finally launched.

MON
APR
21

Sacred Heart Church Tour Second Bus

Louise Lawrence, Ext. 5334
Charlotte Glessner, Ext. 5623

Pick up: Union Sq/Campus Inn at 1:15 pm
Deadline: Friday, April 16
Sign up Harmony Ridge Lobby

A second bus is available for a tour of the Sacred Heart Church. The chapel dates to the late 1700's and the church recently completed a large restoration, enhancing the beauty and history of the chapel.

MON
APR
21

Secret Histories of World War II

Nikki Bull, Ext. 5294
Life Enrichment Specialist

2:00 pm Theater
Sign up in Uniguest or Harmony Ridge Lobby

Presented by Villager David Peters, this talk will present the names, faces, and stories of some little-known men and women who made enormous contributions to the Allies' ability to break the German ENIGMA cipher machine. The talk will include several examples of how the intelligence derived from ENIGMA and an even more important German cipher machine not declassified until 1995 was used to the extreme disadvantage of Nazi Germany.

Upcoming Activities

WED
APR
23

CKV Band Concert
Monte Leister, Ext. 5293
Life Enrichment Specialist

2:00 pm Theater
Sign up in Uniguest or Harmony Ridge Lobby

The CKV Concert Band has prepared a delightful spring concert program. Join us for an afternoon of marches, rags, waltzes, and more, as we take a journey through the musical styles of a brass band.

FRI
APR
25

Cliff Thompson & Tour de Force Jazz Concert
Monte Leister, Ext. 5293
Life Enrichment Specialist

7:00 pm Theater
Sign up in Uniguest or Harmony Ridge Lobby

Band leader and arranger Cliff Thompson brings fire and passion to the stage as he takes his trumpet playing into the stratosphere. With influences that include Maynard Ferguson, Doc Severson, and Clifford Brown, Thompson has secured his place in the local jazz scene as everyone's favorite screaming trumpeter. Fronting the powerhouse 9-piece standing big band Tour de Force, Cliff brings unmatched talent to the stage. Tour de Force includes CKV regulars Justin Taylor, Jay Fenner, Bob Coffey, Monte Leister, and other highly talented regional musicians. Please be in your seat at least ten minutes before the start of the performance.

SUN
APR
27

Gettysburg Children's Choir Concert Bus Trip
Betsy Liou, Ext. 5144
CKV Sojourners

Pick up: Union Sq/Campus Inn at 2:45 pm

Deadline: Friday, April 18

Sign up in Harmony Ridge Lobby

Cost: \$1 for driver's meal

The Gettysburg Children's Choir provides access to a choral program of the highest quality for young people in grades three through twelve from all cultural and economic backgrounds. This is the closing concert of this group's season, with young area musicians of amazing virtuosity! Dinner will be on your own at the Gateway Diner in Gettysburg.



Activities Calendar

Shopping Trips

TUES
APR
1

Weis Market
9:00 am
Sign up by 3/31, Harmony Ridge

THUR
APR
3

Giant & Aldi
9:00 am
Sign up by 4/2, Harmony Ridge

TUES
APR
8

Weis Market
9:00 am
Sign up by 4/7, Harmony Ridge

Events

FRI
MAR
28

Hearing Screening for Villagers
9:00 - 11:00 am
Presto Room
Sign up Harmony Ridge Lobby

Earring Making Class
11:00 am - 12:00 pm
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby

Play Ball! Blue Ridge Baseball League Presentation
11:00 am
Theater
Sign up Uniguest or Harmony Ridge Lobby

Earring Making Class
1:00 - 2:00 pm
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby

SUN
MAR
30

Delone High School Musical Bus Trip: "Oklahoma!"
Depart Campus Inn/Union Sq at 1:00 pm
Cost: \$8, tickets purchased online
Sign up Harmony Ridge Lobby by 3/23

Sunday Movie Matinee: "Hondo"
2:00 pm
Theater

MON
MAR
31

Flower & Burlap Hoop Hanging Decoration Class
10:00 am - 12:00 pm
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby

Virtual Library Series: Rodgers & Hammerstein Part 3
10:30 am
Encore Room
Sign up Uniguest or Harmony Ridge Lobby

Good News Group
10:30 am
Theater

Flower & Burlap Hoop Hanging Decoration Class
1:00 - 3:00 pm
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby

TUES
APR
1

Titanic Miniseries: Part 4
3:00 - 4:40 pm
Theater
Sign up Uniguest or Harmony Ridge Lobby

WED
APR
2

Men's Fellowship Breakfast
7:30 am
Garden Room
Sign up Uniguest or Harmony Ridge Lobby

Wellness Walk
9:00 am
Wellness Lobby

Needle Felting Class
10:00 am - 12:00 pm
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby

Wellness Walk
12:00 pm
Wellness Lobby

Needle Felting Class
1:00 - 3:00 pm
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby

Activities Calendar

THUR
APR
3

Jazz History
1:30 pm
Theater
Sign up Uniguest or Harmony Ridge Lobby

FRI
APR
4

Decades Concert Series: 1960s
2:00 pm
Theater
Sign up Uniguest or Harmony Ridge Lobby

Pop-Up Zumba
2:00 pm
Wellness Studio
Sign up Uniguest or Harmony Ridge Lobby

Hanover HS Musical Bus Trip
Depart Campus Inn at 6:30 pm
Cost: \$7, payable to LEC
Sign up Residential Living Desk by 4/1

SUN
APR
6

Hanover Symphony Orchestra Concert Bus Trip
Depart Campus Inn at 2:15 pm
Cost: \$17 through Eichelberger box office
Sign up Harmony Ridge Lobby

TUES
APR
8

Gettysburg Community Concert Association Bus Trip
Depart Campus Inn at 6:45 pm
Cost: \$20 at the door
Sign up Harmony Ridge Lobby by 4/1

WED
APR
9

Ladie's Fellowship Breakfast
8:00 am
Garden Room
Sign up Uniguest or Harmony Ridge Lobby

Figure & Character Drawing
10:00 am - 12:00 pm
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby

MON
APR
14

South Western HS Concert
1:00 pm
Theater
Sign up Uniguest or Harmony Ridge Lobby

Village Choir Easter Cantata
1:00 pm
Nicarry Meetinghouse

TUES
APR
15

Reflection-Inward
9:30 am
Presto Room
Sign up Uniguest or Harmony Ridge Lobby

Travel Tours: Sicily
11:00 am
Theater

Village Diversity Group
12:00 - 1:30 pm
Encore Room

The Final Voyage: Lincoln's Funeral Train
2:00 pm
Theater
Sign up Uniguest or Harmony Ridge Lobby

WED
APR
16

Easter Eggs & Ice Cream Drop-In
10:00 am - 12:00 pm
Art Education Studio

THUR
APR
17

Annual Business & Wellness Expo
9:00 - 11:30 am
Nicarry Meetinghouse

Nutrition Talk
10:00 am
Theater
Sign up Uniguest or Harmony Ridge Lobby

Drawing Techniques
10:00 am - 12:00 pm
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby

Lunch Out at Dobbin House
Depart Campus Inn at 11:00 am
Sign up Harmony Ridge Lobby by 4/10

Friends of CKV Sub Sale Pick-Up
12:00 - 1:00 pm
Garden Room

Titanic Miniseries: Part 5
3:00 - 4:40 pm
Theater
Sign up Uniguest or Harmony Ridge Lobby

Activities Calendar

FRI
APR
18

Love Feast & Communion Service

1:00 pm
Nicarry Meetinghouse

MON
APR
21

Sacred Heart Church Tour

Depart Union Sq/Campus Inn 1:30 pm
Sign up Harmony Ridge Lobby by 4/16

Secret Histories of World War II

2:00 pm
Theater
Sign up Uniguest or Harmony Ridge Lobby

WED
APR
23

CKV Band Concert

2:00 pm
Theater
Sign up Uniguest or Harmony Ridge Lobby

FRI
APR
25

Amish of Newburg Shopping

Depart Union Sq/Campus Inn 9:00 am
Sign up Harmony Ridge Lobby by 4/18
Cost: \$1 for driver's lunch

Cliff Thompson & Tour de Force Jazz Concert

7:00 pm
Theater
Sign up Uniguest or Harmony Ridge Lobby

SUN
APR
27

Gettysburg Children's Choir Concert Bus Trip

Depart Union Sq/Campus Inn 2:45 pm
Sign up Harmony Ridge Lobby by 4/18
Cost: \$1 for driver's meal

MON
APR
28

Longwood Gardens Bus Trip

Depart Union Sq/Campus Inn 8:45 am
Sign up Residential Living Desk by 3/21
Cost: \$26, payable to LEC

Mystery Dinner

4:15 - 7:30 pm
Campus Inn
Sign up Harmony Ridge Lobby

FRI
MAY
2

Majestic Theater 360 Allstars

Depart Union Sq/Campus Inn at 6:15 pm
Sign up Residential Living Desk by 3/31
Cost: \$45, payable to LEC

SAT
MAY
17

Canadian Island Bus Trip

May 17 - 23
Depart Union Sq at 8:00 am

SUN
MAY
18

Susquehanna Chorale Bus Trip

Depart Campus Inn at 2:45 pm
Sign up Residential Living Desk by 4/15
Cost: \$33, payable to LEC

SUN
MAY
25

Cornerstone Chapel Bus Trip

Depart Union Sq/Campus Inn 9:15 am
Sign up Harmony Ridge Lobby by 5/10

WED
JUNE
11

Dutch Apple Dinner Theater Bus Trip: "We Will Rock You"

Depart Union Sq/Campus Inn at 10:30 am
Contact Dixie at ext. 5693 to sign up

TUES
JUNE
17

Castles of New York Bus Trip

June 17 - 20
Depart Union Sq at 8:00 am

The content of programs may not represent the beliefs and opinions of the Church of the Brethren or the CKV organization.

Channel 25 Programming

March 31 – April 6, 2025

Monday, March 31

- 9:30am Fitness Fusion w/Madi
- 10:00am Best Ever Chicken Skillet Casserole
- 11:00am Watercolor Painting – Simple Boat Scene
- 12:00pm Council Committee Leadership Educ. (replay)
- 1:00pm Fitness Fusion w/Madi
- 2:00pm Cleopatra's Legendary Tomb Discovered

Tuesday, April 1

- 9:30am Tai Chi w/Brittany
- 10:00am Ancient Treasures of the World
- 11:00am Modern Marvels: The Incredible Potato
- 12:00pm American Restoration
- 1:00pm Tai Chi w/Brittany
- 2:00pm The Journey Through Retirement (replay)

Wednesday, April 2

- 9:30am PurEnergy w/Madi
- 10:00am Council Committee Leadership Educ. (replay)
- 11:00am Once in a Lifetime New Zealand Fly Fishing
- 12:30pm The Most Amazing Places in Brazil
- 1:00pm PurEnergy w/Madi
- 2:00pm Church Service (replay)

Thursday, April 3

- 9:30am Chairobics w/Brittany
- 10:00am Voices Out of the Darkness w/Irving Finkel
- 12:00pm The Lifestyle of Sam Elliott
- 12:30pm TED X – Particles of Plastic Smog
- 1:00pm Chairobics w/Brittany
- 2:00pm Ancient Earth: Feathered Dragons
- 5:00pm Council Committee Leadership Educ. (replay)

Friday, April 4

- 9:30am PurEnergy w/Brittany
- 10:30am Lassie 1962
- 11:00am Baseballs Most Unbreakable Feat
- 1:00pm PurEnergy w/Brittany
- 2:00pm **Decades Concert Series: 1960s – Broadcast from Theater**

Saturday, April 5

- 8:30am Brethren Voices
- 9:30am PurEnergy w/Brittany
- 10:00am Springtime's Micro-Ecosystems
- 11:30am Council Committee Leadership Educ. (replay)
- 1:00pm PurEnergy w/Brittany
- 2:00pm Magic in Brazil w/David Blaine
- 3:30pm How Food & Nutrients Control Our Moods
- 4:30pm Secrets of the Merkaba Light Vessel
- 6:00pm The Adventures of Ocjee Nash movie
- 8:00pm Loretta Lynn – You're Looking At Country

Sunday, April 6

- 8:00am Cornerstone Chapel
- 9:30am Tai Chi w/Brittany
- 10:00am Church Service Broadcast from the Nicarry
- 11:30am A Journey Across Our Planet
- 1:00pm Tai Chi w/Brittany
- 2:30pm Namibias Bat Eared Foxes
- 4:30pm Church Service (replay) from March 30
- 6:00pm The Bible – Revolution
- 8:00pm Gaither Vocal Band

**Watch In Touch every weekday
- live at 8:30 am and replayed at
3:00 pm & 8:30 pm.**

For questions or requests related to Channel 25 programming, please contact
Cindy Hockensmith, Communications Coord.
at Ext. 5416 or email
c.hockensmith@crosskeysvillage.org

Schedule subject to change

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breakfast

8:00 - 10:00 am

Breakfast Sandwich
Canadian bacon,
eggs, and gruyere
cheese on an
English muffin.
Served with fruit
6.75

mon

 Sausage, Kale, and
White Bean

tues

  Sweet Potato
Bisque

wed

 Split Pea



Chipped Beef
Gravy over toast
6.95

thur

 Manhattan Clam
Chowder

lunch

11:00 am - 2:00 pm

Tuna Sub 7.50
With melted provolone, shredded
lettuce, and tomato on a sub roll

Turkey Cobb Salad 8.25
Romaine, tomatoes, cucumbers,
bacon, hardboiled eggs, cheddar
and blue cheese

Grilled PB & J Sandwich 6.00
On Sourdough Bread served
with a carton of milk

Steak & Mushroom Salad 8.95
Spring mix lettuce with feta
cheese, roasted asparagus,
and basil pesto dressing

fri

  Rustic Italian
Vegetable

Meat Lovers
Egg Bake
Served with fresh
fruit
6.50

sat

 Ham and Bean


Crab Cake Sandwich 11.00
On a potato roll w/ tartar sauce
and lettuce

Goulash Casserole 7.00
Ground beef, diced tomatoes,
onions, marinara sauce, and
elbow noodles topped with
mozzarella cheese

coffee

Hazelnut

smoothie

 Strawberry Banana
Almond milk, vanilla yogurt,
strawberries, and bananas

side

Broccoli Salad

hearth oven

Hawaiian Pizza 10.50

 Veggie Pizza Bread 7.50

bakery

Cranberry Orange Muffin 1.80

Apple Coffee Cake 2.80

desserts

Lemon Meringue Pie 3.10

Salted Vanilla Caramel
Crunch Cake 4.10

Café

ALL DAY

Friday, April 4

Breakfast: 8:00 – 10:00 am
Grab 'n' Go: 10:00 – 11:00 am
Lunch: 11:00 – 2:00 pm
Grab 'n' Go: 2:00 – 3:00 pm
Dinner: 4:30 – 6:30 pm

No Regular Menu

Grab 'n' Go selections also available during dining hours.

To place a carry out order or preorder use Online Ordering through Uniguess or call ext. 5678. Reservations required for dine-in service for parties of 5 or more. Call ext. 5678 for reservation.



Breakfast

Meat Lovers Egg Bake 6.50
Served with fresh fruit

Lunch

Crab Cake Sandwich 11.00
Maryland style crab cake on a potato roll w/ tartar sauce and lettuce

Goulash Casserole 7.00
Ground beef, diced tomatoes, onions, marinara sauce, and elbow noodles topped with mozzarella cheese

Soup: Rustic Italian Vegetable 

Dinner

"60's Fast Food Night"

CKV Big Boy Burger 11.00
Classic chili and relish sauce, American cheese, and lettuce. Served with French fries

CKV Big Fish 12.00
American cheese, lettuce, and tartar sauce. Served with French fries and coleslaw

CKV Chicken Sandwich 11.00
with lettuce, tomato, and pickles. Served with French fries



mon - sat
8:00 - 3:00

hearth oven pizza

gluten-free dough available +0.85

Cheese Pizza	9.85
Pepperoni / Sausage Pizza	10.35
Flatbread (Cheese or Meat)	8.00

breakfast

served daily until 10:00 am

One Egg Any Style (served with choice of toast)	2.95
Two Eggs Any Style (served with choice of toast)	4.10
Egg Sandwich	4.10
Egg & Meat Sandwich	4.80
Egg Omelette (add .60 for each additional filling)	5.65
Two Bacon Strips/Two Sausage Links	1.60
Pancakes (2)	3.50
Toast (White / Wheat / Rye / Sourdough)	.65
Gluten-Free Bread	1.25
English Muffin	1.30
Bagel & Cream Cheese	2.40
Home Fries / Hash Browns	1.55

sandwiches

gluten-free bread available +0.85

Burger (Beef / Turkey / Garden / Spicy Black Bean)	8.50
Vegetarian Wrap	6.95
Cold Sandwiches	Sm 6.15 Lg 7.65
Turkey, Ham, Corned Beef, Tuna Salad, Chicken Salad, Egg Salad, Classic BLT	
Grilled Cheese	5.55
Hot Dog	5.55
Gourmet Grilled Cheese	7.45
Tuna Melt	7.75
Grilled Chicken Deluxe	7.75
Reuben / Rachel	8.00
Philly Cheesesteak	8.00
Served with your choice of side. Add 1.60 for cup of soup.	

bakery

Muffin	1.80
Cinnamon Bun / Scone / Pie	3.10
Cookie	1.50 ea 3 for 3.70
Cake	4.10

salads

Garden Salad	5.75
Classic Chef	8.25
Grilled Chicken Caesar	
Grilled Chicken Salad	

beverages

Coffee / Iced Tea / Fountain Drinks	1.80
Specialty Coffee / Hot Cocoa	2.50 - 3.40

sides

Homemade Soup	cup 3.75 bowl 5.40
French Fries, Sweet Potato Fries, Onion Rings, Fruit Salad, Applesauce, Coleslaw	2.60

To preorder, use online ordering on Uniguest.
Reservations required for parties of 5 or more.
Call ext. 5678 to make reservations or preorder by phone.

Breakfast 8:00 - 10:00 am, Lunch 11:00 am - 2:00 pm
Grab 'n' Go 10:00 - 11:00 am and 2:00 - 3:00 pm

DINNER SPECIALS


Includes your choice of:
Cup of Soup, Small House or Caesar Salad, Fruit Salad, Side of the Week, Coleslaw, or Applesauce

MONDAY, MARCH 31


CLOSED

**TUESDAY, APRIL 1
CHEF'S TABLE FEATURING CARY**

  **Sweet Potato Bisque**

 **Amuse Bouche** EVERYDAY SUPERFOODS
Carrot and cheddar cheese bites with roasted red pepper hummus on naan bread


Chicken Croquettes with White Gravy 12.50
Served with mashed potatoes and buttered corn

 **Grilled Marinated Flank Steak 13.50**
Served with mushroom gravy, mashed potatoes and braised lima beans

Regular menu available

WEDNESDAY, APRIL 2

 **Split Pea Soup**

 **Ham Loaf with Apple Cider Glaze 12.00**
Served with baked sweet potato and broccoli

Butter Crumb Crusted Haddock 11.50
Haddock filet baked with butter and breadcrumbs. Served with roasted fingerling potatoes and sautéed spinach


Regular menu available


 denotes gluten avoided
 denotes vegetarian

MARCH 31 – APRIL 5

THURSDAY, APRIL 3

 **Manhattan Clam Chowder**

 **Creamy Tuscan Grilled Salmon 14.50**
Grilled salmon filet topped with a creamy artichoke and spinach sauce. Served with roasted potatoes and broccoli

 **Beef & Rice Stuffed Pepper 13.50**
Served over creamy polenta


Regular menu available

**FRIDAY, APRIL 4
"60's FAST FOOD NIGHT" AT THE CAFÉ**


See Café All Day Menu For Details

**SATURDAY, APRIL 5
NO REGULAR MENU**

 **Ham and Bean Soup**

 **½ Chicken Rotisserie Style 12.00**
Served with scalloped potatoes and peas

Caribbean Barramundi Fish Sandwich 13.00
Fried and served on a brioche roll, pineapple orange slaw and sweet potato fries

 **Kielbasa and Rice Casserole 11.00**
With mushrooms, tomatoes, peppers and onions

Side of the Week: Broccoli Salad

Desserts: Lemon Meringue Pie 3.10

Salted Vanilla Caramel Crunch Cake
4.10

CAMPUS Inn

Tuesday through Thursday, and Saturday 4:30 – 6:30 pm
Closed on Sunday, Monday and Friday.
Dinner available in Harmony Café on Friday

BEVERAGES


2.05

Coca-Cola • Diet Caffeine-Free Coke
Sprite • Barq's Root Beer
Minute Maid Lemonade • Ginger Ale
Raspberry Iced Tea • Sweetened Black Tea
Freshly Brewed Unsweetened Iced Tea
Decaf or Regular Coffee
Assorted Hot Tea
Free Refills on all Drinks

SOUP & SALADS

Soup Du Jour Cup 3.75 – Bowl 5.40

Classic Caesar sm. 3.60 lg. 6.70
Chopped romaine, parmesan cheese, croutons
and Classic Caesar dressing,

House Salad  sm. 3.60 lg. 6.70
Spring mix lettuce, cucumbers, cherry tomatoes,
carrots, choice of dressing

Add Protein To Your Salad

Grilled Chicken 3.60
Grilled Salmon 5.00

SANDWICHES

Served with one side, cup of soup add 1.60
Gluten-free roll add 0.85

Chargrilled Burger 9.30
7 oz Angus beef patty with lettuce, tomato,
onion, choice of cheese on a grilled kaiser roll

Bacon Cheddar Burger 12.30
7 oz Angus beef patty with bacon, cheddar
cheese, lettuce, tomato, onion, on a grilled
pretzel roll

Fried Chicken Sandwich 9.25
Breaded chicken breast with lettuce, tomato,
and mayonnaise on a grilled kaiser roll



To place a carry out or delivery order
use online ordering through Uniguest
or call ext. 5656

Reservations are required for dine-in service for
parties of 5 or more. Please call 717-624-5656



Consumer Advisory – Thoroughly cooking meats, poultry, seafood, shellfish and eggs
reduces the risk of foodborne illness.

CAMPUS Inn

ENTREES


Includes two side items and choice of cup of soup, small house or Caesar salad, fruit salad, side of the week, coleslaw, or applesauce.

-  **Garlic & Sage Rubbed Pork Chop** **13.25**
6oz pan-roasted center cut pork chop served with natural jus
-  **Grilled Chicken Breast** **12.35**
Garlic & thyme marinated grilled chicken breast
- Fried Chicken Tenders** **10.80**
Breaded chicken tenders, fried golden brown
-  **Hot Roast Beef with Gravy** **12.35**
Tender sliced roast beef served with gravy
-  **Grilled Salmon Filet (6 oz.)** **14.50**
Fresh Atlantic salmon grilled to order
- Fried Shrimp (6)** **14.90**
Breaded fried shrimp
-  **Fresh Catch of the Day (6 oz)** **11.50**

 denotes gluten avoided
 denotes vegetarian

PASTA

All pasta served with garlic bread and choice of cup of soup, small house or Caesar salad, fruit salad, side of the week, coleslaw, or applesauce. Gluten-free pasta add 1.70.

- Angel Hair Pasta with Marinara**  **9.00**
Angel hair pasta, homemade marinara and parmesan cheese
- Angel Hair Pasta with Meat Sauce** **11.25**
Angel hair pasta, homemade meat sauce and parmesan cheese
- Chicken Parmesan** **11.25**
Breaded chicken, angel hair pasta, homemade marinara, mozzarella and parmesan cheese

SIDES

2.60

- Onion Rings
 - French Fries
 - Sweet Potato Fries
 -   Green Beans
 -   Steamed Broccoli
 -   Peas
 -   Mashed Potatoes
 -   Baked Potato
 -   Sweet Potato
 -   Cinnamon Apples
 -   Harvard Beets
 -  Macaroni & Cheese
- Look For Our Special Side Of The Week On The Specials Menu

DESSERTS

- Slice of Cake 4.10
- Slice of Pie 3.10

BREAKFAST

Scrambled Eggs
Assorted Breakfast Meats
Home Fries
Hot Grab & Go Breakfast Sandwiches
Oatmeal Bar

LUNCH

Made-To-Order Deli Sandwiches & Wraps
Wellness Salad Bar
Soup Du Jour
Build-Your Own Flatbread Pizzas

CHEF SPECIAL OF THE WEEK

Wing Bar with Celery, Ranch, & Blue Cheese - \$7

FLATBREAD OF THE WEEK

Grilled Vegetable with Pesto - \$6

CALZONE OF THE WEEK

Philly Cheese Steak with Marinara - \$6

SOUP DU JOUR

Monday New England Clam Chowder
Tuesday Lentil & Ham
Wednesday Beef & Barley
Thursday Chicken Noodle
Friday Manhattan Clam

Chef Mark's Homemade Desserts & Pastries

OPEN MONDAY THROUGH FRIDAY

BREAKFAST served from 7:30 to 10:00 am

LUNCH served from 10:30 am to 1:30 pm