

Volume 24, Number 10

# VILLAGE Voice

March 7, 2025



CROSS KEYS VILLAGE  
The Brethren Home Community



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# Village News

**Spring Forward**  
**Sunday, March 9**

Nothing says spring like the day we move the clocks forward. We spring forward on March 9 to provide more daylight in the evenings going into spring and summer.



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**2025 Golf Cart Parades**  
**Craig Hikes, 717-814-0697**  
**Karen Norris, Ext. 5239**

Golf Cart Parade season is right around the corner! All golf cart owners are invited to join our parades. Some enjoy decorating their golf carts, and others do not. And that is OK since decorating your cart is never a requirement to participate. Bicycles, scooters, and classic cars are also welcome. So, with decorations or without, we hope you will join us as we celebrate warmer weather and bring smiles to our neighbors who come out to cheer us on.

From April through October 2025, all parades are scheduled on the last Saturday of the month. (Rain dates are the Sunday after the scheduled date.) We will meet at the Shoemaker mail kiosk in Bridgewater South and start the parades at 1:00 pm. Additional monthly parade reminders and updates will be communicated via Village Voice, In Touch, and Uniguest.

Dates and suggested themes are as follows: **April 26** – Spring, **May 31** –Red, White, and Blue, **June 28** – the Fourth of July, **July 26** –Christmas in July, **August 30** –Cheer for Your Favorite Team, **September 27** – Toyland or Fall, **October 25** –Halloween.



## Handbook Update

**George Turner, Ext. 5398**  
**Exec. Director of Residential Living**

We have new updates to the handbook Quick Reference Guides, including a new Corporate Organizational Chart, a new Residential Living Team Responsibilities Guide, an updated Guest Quarters Guide, an updated Cross Keys @ Home Guide, and an updated Vacate Procedures Guide! On Monday, March 10, Uniguest will be updated to reflect these changes. New paper copies to replace those in your printed handbooks will be available at the Residential Living desk. An instruction sheet is included with the paper copies and available on Uniguest to explain more specifics of the changes within the document.



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## National Nutrition Month

**Laura Miller, Ext. 5285**  
**Clinical Nutrition Manager**

This is an annual event promoted by the Academy of Nutrition and Dietetics to help us learn more about nutrition and make informed food choices. This is a great time to develop healthful eating habits to age well.

This year's theme is "Food Connects Us." The statement from the Academy describes this perfectly - food is a connecting factor for many of us. Food connects us to our cultures, our families, and our friends. Sharing a meal is an opportunity to learn about its preparation, who made it, and where the ingredients were sourced. Health, memories, traditions, seasons, and access can all impact our relationship with food. While these factors influence the food we eat, the food we eat also affects our health.

This month is a great time to connect with our food and where it comes from, a nutrition professional (a registered dietitian) if you have questions about managing a condition, culture and how food brings us together, and nutrition through all stages of life.



# Village News

**South Western High School  
Musical Performance**  
**Nikki Bull, Ext. 5294**  
**Life Enrichment Specialist**

South Western High School has invited our community to enjoy a free performance of their upcoming musical “Big Fish” on Wednesday, March 12, at 1:30 pm. The high school is located at 200 Bowman Road in Hanover.

“Big Fish” revolves around the relationship between Edward Bloom, a travelling salesman, and his adult son. The story shifts between two timelines. In the present-day real world, sixty-year-old Edward Bloom faces his mortality while his son, Will, prepares to become a father himself. In the storybook past, Edward ages from a teenager, encountering a witch, a giant, a mermaid, and the love of his life, Sandra. The stories meet as Will discovers the secret his father never revealed.

Please note, there is not a CKV bus trip planned for this event. If you’re interested in going to see this performance, you must provide/arrange for your own transportation.



**Aquatic Center  
Annual Cleaning**  
**Jenn Vintigni, Ext. 5303**  
**Director of Wellness**

The aquatic center will undergo essential yearly draining and cleaning from Monday, March 24, until Friday, March 28. During this week, the aquatic center will be closed, and there will be no aquatic classes. This necessary temporary closure enables us to ensure a clean and safe environment for all. We will be excited to welcome you back on Monday, March 31!



**Village Council Elections  
Schedule for 2025**  
**Rick James, Ext. 5635**  
**Nomination and Election Committee**

The Village Council plays an important role at Cross Keys Village and in the daily lives of Villagers. The Council is your voice and your connection to the CKV Leadership and Board of Directors. The Village Council election process begins in March, and the timeline is as follows:

March 17 - Self-nomination ballots will be distributed to all Villagers with a description of the duties and responsibilities of a delegate and a current roster of Village Council delegates. The ballot is only to be returned if you are nominating yourself to be a Village Council delegate.

March 24 - Self nomination ballots are due to be returned to the Harmony Ridge ballot box.

March 31 - Election ballots will be distributed to neighborhoods that have more than one self-nomination.

April 14 – Election ballots are due to be returned to Harmony Ridge.

No later than April 25 - Ballots will be counted and election winners will be notified.

May Council Meeting – Delegate-elects are invited to attend and observe the May Village Council meeting.

June Council Meeting – Delegate-elects begin their term as neighborhood delegates.





# Village News

## Harmony Ridge Showcases Holly Fetting, Ext. 5544 Director of Life Enrichment

Throughout March, we are featuring Bob Wilson's collection of sheet music for piano and voice (1919-1957).

In Bob's words...

"When I was growing up in the 1950s most every family had a piano in their home and sheet music with popular songs. This had been true since the early twentieth century. Sheet music is now a nearly lost art form. The collection on display is the tip of the iceberg for me. I have acquired (and continue to acquire) sheet music from music stores, friends, antique dealers, and family. Some of these sat on our old upright piano in Niles, Ohio. Some of the music looks a bit shopworn since it was meant to be played. These pages have been turned hundreds of times.

"Even though I acquired music because I loved the songs, the artwork was a bonus. Most of the music dates from the late 1920s and 1940s. They include the work of noted artists and cartoonists such as John Held, Jr. ("Crosspatch"), while some are influenced by art deco fashions. I love the clinging, draped gowns worn by sophisticated ladies in the early 1930s. By the late 40s and 50s, however, the sheet music primarily featured pictures of the artists and musicians who performed these songs. Thanks for sharing this trip down memory lane at a time when music was lyrical and memorable."



## Bible Verses and Inspirational Lent Quotes Pastor Linda Titzell, Ext. 5580

Stay inspired throughout the Lent season with these powerful verses and quotes. Think about what the Lent season means to you and how you will spend it. What will you learn about yourself during Lent? What will you learn about your relationship with God?

"You know that the testing of your faith produces

perseverance." —James 1:3

"Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time." —1 Peter 5:6

"But seek first his kingdom and his righteousness, and all these things will be given to you as well." —Matthew 6:33

"Be joyful in hope, patient in affliction, faithful in prayer." —Romans 12:12

"Even the darkest moments of the liturgy are filled with joy, and Ash Wednesday, the beginning of the Lenten fast, is a day of happiness, a Christian feast." —Thomas Merton

"Lent is a time of going very deeply into ourselves. What is it that stands between us and God? Between us and our brothers and sisters? Between us and the life of the Spirit? Whatever it is, let us relentlessly tear it out, without a moment's hesitation." —Catherine Doherty

"Hold on dear friend, for this is not the end. You have traveled so far and you have worked so hard. Carry on with courage and do not give up. And not because things will be easy but because these seeds you are sowing matter, and they will grow in time, if you do not lose heart." —Morgan Harper Nichols

"God refuses to give up, and we who are enlisted to be fellow-workers with God know that the only reason we continue is that death did not have the last word; that Good Friday was not the end of the story." —Desmond Tutu

May these verses and quotes keep you motivated through the Lenten season, from Ash Wednesday to Easter Sunday.

*(Excerpts, Guideposts article by Kaylin Kaupish)*





# Upcoming Activities

SUN

MAR

9

## Sunday Movie Matinee:

### "Mary Poppins"

Charlie Herr, Ext. 5725

Villager Movie Group

2:00 - 4:20 pm

No sign-up necessary

Theater

Mary Poppins is a live-action/animated hybrid musical fantasy comedy film directed by Robert Stevenson and produced by Walt Disney, with songs written and composed by the Sherman Brothers. The film stars Julie Andrews in her feature film debut as Mary Poppins, who visits a dysfunctional family in London and employs her unique brand of lifestyle to improve the family's dynamic. Dick Van Dyke, David Tomlinson, and Glynis Johns are featured in supporting roles.

Rated G, with subtitles

MON

MAR

10

## Good News Group

Larry Gladfelter, Ext. 6683

10:30 am

No sign-up necessary

Theater

The Villager-led Good News Group is presenting the ministry of Pastor Gary Hamrick of Cornerstone Chapel, Leesburg, VA. Meeting together and watching the programs will deepen your understanding of God's Word and foster good fellowship. Our next presentation will be Genesis chapter 28.

FRI

MAR

14

## New England/ Canada Cruise

### Information Meeting

Betsy Liou, Ext. 5144

CKV Sojourners

6:30 pm

Sign up in Uniquet or Harmony Ridge Lobby

Encore Room

There will be an informational meeting for all who are still considering the New England/ Canada Cruise on October 9 - 18, 2025. Doris Wilkinson will be here to answer questions and help you fill out the forms for the cruise. We look forward to traveling north during fall, the most beautiful time of the year.

Experience the vibrant fall beauty and historic landmarks of Canada and New England along the Atlantic coastline. Visit one of the oldest cities in our country. Check out the Reversing Rapids at the Bay of Fundy. Keep an eye out for the world's largest fiddle. See the Louisbourg Lighthouse that once guided sailors and pirates alike. Visit the quaint fishing village of Peggy's Cove. Learn all about the Titanic Cemetery. All this and more. Passports are required for this cruise.

Cruise flyers are located on the shelf in the mail area of Harmony Ridge.

FRI

MAR

14

## Mission Point Open House

Residential Living, Ext. 5411

9:00 am - 1:00 pm

No sign-up necessary

With the reopening of the Mission Point Building, including the medical suite and Terrace Café, along with the relocation of Cross Keys @ Home and Therapy services, we felt it would be helpful to show those of you around who have never been in the building before or haven't been in quite some time. Tours will begin at the Cross Keys @ Home office entrance, which faces Route 30, just across from McDonald's. Team members will be there to guide you through the building to the various points of destination. There will be light refreshments available, and transportation will be provided from the Harmony Ridge main entrance via a shuttle bus. For anyone requiring cottage pickup, please contact Pat Gargus at ext. 5411.



# Upcoming Activities

MON

MAR

17

## Monday Midwinter Musical: Jesus Christ Superstar

Wellness Team, Ext. 5410

1:00 pm

No sign-up necessary

Theater

Before the Midwinter Musical Monday presentation of "Jesus Christ Superstar" on March 17, Whitney Myers will be performing a musical medley of piano selections in the Theater at 1:00 pm. Please join us and enjoy piano playing at its finest.

MON

MAR

17

## St. Patrick's Day Zumba

Wellness Team, Ext. 5410

2:00 pm

Sign up in Uniguest or Harmony Ridge Lobby

Wellness Studio

Come celebrate St. Patrick's Day with us in a fun and friendly way! Wear your favorite green outfit and get ready to join our awesome Zumba session led by the wonderful Linda Royer. We'll dance to some upbeat music and share smiles as we move together. Let's enjoy this festive day by getting active and having a blast! Can't wait to see you there!

FRI

MAR

21

## Art Exhibit Opening: "Framed"

Monte Leister, Ext. 5293

Life Enrichment Specialist

12:00 - 2:00 pm

No sign-up necessary

Avenue of the Arts

Take a stroll through the Avenue of the Arts as we unveil our next exhibit, "Framed." Participating artists have chosen a frame from our large selection of donated frames to use in or around their artwork. Nickolas DiSanto, aka the One-Man Band, will be providing musical entertainment to complement the exhibit.

TUES

MAR

25

## Titanic Miniseries: Part 3

Nikki Bull, Ext. 5294

Life Enrichment Specialist

3:00 pm

Sign up in Uniguest or Harmony Ridge Lobby

Theater

Mark's story is fully revealed. The RMS Olympic, a ship in the same class as the Titanic, has had a serious accident. Mark is asked to study the implications. Mark's new discoveries are now less important than delivering on schedule. Mark suggests building a double hull for the Titanic, but the idea is turned down as it would mean wasting too much time and money.

FRI

MAR

28

## Hearing Screening for Villagers

Holly Fetting, Ext. 5544

Director of Life Enrichment

9:00 - 11:00 am

Sign up in Harmony Ridge Lobby

Presto Room

Dusty from Darrell M. Sipe Opticians and Hearing Aids Inc. provides free hearing screenings to Villagers every month. Each screening will take about twenty minutes.

If you have an immediate need, please call the office for an appointment 717-632-5558.

FRI

MAR

28

## Play Ball! Blue Ridge League Presentation

Nikki Bull, Ext. 5294

Life Enrichment Specialist

11:00 am

Sign up in Uniguest or Harmony Ridge Lobby

Theater

Help us kick off MLB Opening Day by welcoming author Jim Rada to speak about the Blue Ridge League, a professional baseball league in the early 1900s. Gettysburg and Hanover both had teams that played in the league. Jim is a published author who will have select titles available for purchase after his presentation.



# Upcoming Activities

**MON  
MAR  
31**

## Flower & Burlap Hoop Decoration Class

Monte Leister, Ext. 5293

Life Enrichment Specialist

10:00 am - 12:00 pm      Art Education Studio  
or 1:00 - 3:00 pm

Sign up in Uniguest or Harmony Ridge Lobby

Spring is in the air, and this flower & hoop hanging decoration is a great way to add a touch of spring to your home. Using an embroidery hoop, two pieces of burlap and artificial lavender and other small flower varieties, you too can create a simple yet beautiful, and easy to store, hanging decoration. Look for an example displayed in the Art Education Studio windows. Choose from one of these two identical sessions.

**TUES  
APR  
8**

## Gettysburg Community Concert Association

Dawn Tarbert, Ext. 5875

Depart: Campus Inn at 6:45 pm

Deadline: Tuesday, April 1

Sign up Harmony Ridge Lobby

The Gettysburg Community Concert Association will feature Ensemble 132 at St. James Lutheran Church in Gettysburg. Tickets can be purchased for \$20.00 at the door.

**FRI  
MAY  
2**

## Majestic Theater: "360 Allstars"

Betsy Liou, Ext. 5144

CKV Sojourners

Depart: Union Sq/Campus Inn at 6:15 pm

Deadline: Monday, March 31

Sign up Residential Living Desk

Cost: \$45, payable to LEC

360 Allstars is a phenomenal physical performance exploring all forms of rotation that connects the street with the elite to deliver a supercharged urban circus. Boasting a stellar cast of world champion and world record-holding artists and athletes, 360 Allstars is a spectacular fusion of extraordinary artistry that emerges from street culture.

**MON  
SEP  
15-18**

## Virginia Beach/ Williamsburg Bus Trip

Betsy Liou, Ext. 5144

CKV Sojourners

Depart: Union Sq at 8:00 am

Deposit: \$75/person at time of sign-up

Balance Due: Friday, July 11

Total Cost: \$677/person, double occupancy-  
\$209 single supplement

Incredible price includes:

- Motorcoach transportation
- 3 nights lodging
- 5 meals: 3 breakfasts, 2 dinners
- Full day pass to Colonial Williamsburg
- Williamsburg's Merchants Square
- VA Aquarium & Marine Science Center
- Free time at the beach and boardwalk
- All taxes, meal gratuities, and bus driver tip

**FRI  
APR  
4**

## Decades Concert Series: The 1960s

Monte Leister, Ext. 5293

Life Enrichment Specialist

2:00 pm      Theater  
Sign up in Uniguest or Harmony Ridge Lobby

The Beatles, Rolling Stones, Simon & Garfunkel, and more, The Rodney Kelley Experience will be immersing you in the music, clothing, and culture of the 1960s. Dig out your tie-dye, bell bottoms, paisley prints, or pillbox hats and cruise on down to the theater for what is sure to be a blast!

**FRI  
APR  
4**

## Hanover High School Spring Musical Bus Trip

Janet Roarabaugh, Ext. 5296

CKV Sojourners

Depart: Campus Inn at 6:30 pm

Deadline: Tuesday, April 1

Sign up Residential Living Desk

Cost: \$7, payable to LEC

One of the most enduring shows of all time, Joseph and the Amazing Technicolor Dreamcoat, is a reimagining of the story of Joseph, his father Jacob, 11 brothers, and the coat of many colors. The musical is told entirely through song with the help of the main character, Narrator. Let's support the students at Hanover Senior High School by attending their spring musical!



# Reminders

## Antarctic Exploration During the Golden Age

Monte Leister, Ext. 5293  
Life Enrichment Specialist

Lou Thieblemont, aka the most interesting man in the room, will be presenting a two-part program on Antarctica. Part one will be about Scott, Amundsen, and Shackleton's races to the South Pole. Then after lunch he will share a presentation on the Imperial Transatlantic Expedition of 1914. This was an unsuccessful attempt to cross Antarctica that turned into the greatest story of endurance of all time. Sign up early as this program is sure to be a hit! Includes a one-hour intermission for lunch.

### Event Details:

Date: Tuesday, March 11

Time: 11:00 am – 2:00 pm

Location: Theater

Sign up in Uniguest or Harmony Ridge Lobby



## Nutrition Talk

Laura Miller, Ext. 5285  
Clinical Nutrition Manager

Cooking for one or two can be a challenge, especially since most recipes are written for four or more servings. Join the dietitians, Missy Cassedy and Laura Miller, for tips on meal planning and how you can be successful at cooking delicious, healthy meals for 1 or 2 people.

### Event Details:

Date: Thursday, March 13

Time: 10:00 am

Location: Theater

Sign up in Uniguest or Harmony Ridge Lobby



## Delone High School Musical: Oklahoma!

Betsy Liou, Ext. 5144  
CKV Sojourners

A play and a meal. What better way to spend a Sunday afternoon. Dinner is pay on your own and can buy senior rate tickets online at <https://www.delonecatholic.org/the-arts/theater#/productions-view>. A donation will be taken on the bus for the bus driver's meal. Curly and Laurey's love story form the emotional backbone of Oklahoma the Musical, exploring themes of trust, fear, and the courage it takes to open one's heart. Jud Fry's character adds a layer of tension and complexity, serving as a reminder that love and jealousy often walk hand in hand.

### Trip Details:

Date: Sunday, March 30

Depart: Campus Inn/Union Sq at 1:00 pm

Sign up: Harmony Ridge Lobby

Deadline: Wednesday, March 26

Cost: \$8 senior rate online and dinner on your own at Plaza Azteca



# Activities Calendar

## Shopping Trips

TUES

MAR

11

### Weis Market

9:00 am

Sign up by 3/10, Harmony Ridge

TUES

MAR

18

### Giant & Aldi

9:00 am

Sign up by 3/16, Harmony Ridge

TUES

MAR

25

### Weis Market

9:00 am

Sign up by 3/24, Harmony Ridge

## Events

FRI

MAR

7

### Pop-Up Zumba Class

2:00 pm

Wellness Studio

SUN

MAR

9

### Sunday Movie Matinee:

**"Mary Poppins"**

2:00 - 4:20 pm

Theater

MON

MAR

10

### Virtual Library Series: Rodgers & Hammerstein Part 2

10:30 am

Encore Room

Sign up Uniquet or Harmony Ridge Lobby

### Good News Group

10:30 am

Theater

TUES

MAR

11

### Antarctic Exploration During the Golden Age

11:00 am - 2:00 pm (with intermission)

Theater

Sign up Uniquet or Harmony Ridge Lobby

### Titanic Miniseries: Part 1

3:00 - 4:40 pm

Theater

Sign up Uniquet or Harmony Ridge Lobby

WED

MAR

12

### Ladie's Fellowship Breakfast

8:00 am

Garden Room

Sign up Uniquet or Harmony Ridge Lobby

### Figure & Character Drawing

10:00 am - 12:00 pm

Art Education Studio

Sign up Uniquet or Harmony Ridge Lobby

### Drew Vervan & the Celtic Music Club Concert

6:00 pm

Theater

Sign up Uniquet or Harmony Ridge Lobby

THUR

MAR

13

### Drawing Techniques

10:00 am - 12:00 pm

Art Education Studio

Sign up Uniquet or Harmony Ridge Lobby

### Nutrition Talk

10:00 am

Theater

Sign up Uniquet or Harmony Ridge Lobby

FRI

MAR

14

### Mission Point Open House

9:00 am - 1:00 pm

Mission Point (CK@Home Entrance)

### Decades Concert Series: 1950s

2:00 pm

Theater

Sign up Uniquet or Harmony Ridge Lobby

### New England/Canada Cruise Information Meeting

6:30 pm

Encore Room

Sign up Uniquet or Harmony Ridge Lobby

SUN

MAR

16

### Sunday Movie Matinee:

**"Angels & Demons"**

2:00 - 4:30 pm

Theater



# Activities Calendar

**MON**  
**MAR**  
**17**

## **COVID-19 Vaccine Clinic**

8:00 - 11:00 am  
Nicarry Meetinghouse  
Call ext. 5256 for appointment

## **Lunch Out at Gateway Diner**

Depart at 11:30 am  
Sign up Harmony Ridge Lobby by  
Wednesday, March 12

## **Leprechaun Hunt Group Walk**

1:00 - 1:45 pm  
Wellness Lobby

## **Mid-Winter Musical Series: "Jesus Christ Superstar"**

Piano Prelude: 1:00 pm  
1:30 - 3:17 pm  
Theater

## **St. Patrick's Day Zumba**

2:00 pm  
Wellness Studio  
Sign up Uniguest or Harmony Ridge Lobby

**WED**  
**MAR**  
**19**

## **Needle Felting Demonstration**

11:00 am  
Art Education Studio  
Sign up Uniguest or Harmony Ridge Lobby

## **Needle Felting Demonstration**

1:00 pm  
Art Education Studio  
Sign up Uniguest or Harmony Ridge Lobby

**THUR**  
**MAR**  
**20**

## **Songwriting 101: Part 3 of 3**

11:00 am  
Theater  
Sign up Uniguest or Harmony Ridge Lobby

**FRI**  
**MAR**  
**21**

## **The Chosen**

11:00 am  
Theater

## **Throwback Gym Class Games**

11:00 am - 12:00 pm  
Wellness Studio

## **Art Exhibit Opening: "Framed"**

12:00 - 2:00 pm  
Avenue of the Arts

**SAT**  
**MAR**  
**22**

## **The Friends of CKV Spring Meeting**

10:00 am  
Nicarry Meetinghouse  
Call ext. 4456 to RSVP

**SUN**  
**MAR**  
**23**

## **Sunday Movie Matinee:**

**"Doctor Zhivago"**  
2:00 - 5:20 pm  
Theater

**MON**  
**MAR**  
**24**

## **Secret Histories of World War II: Part 1**

2:00 pm  
Theater  
Sign up Uniguest or Harmony Ridge Lobby

## **Solomon Eichner Piano Concert**

7:00 pm  
Theater  
Sign up Uniguest or Harmony Ridge Lobby

**TUES**  
**MAR**  
**18**

## **Reflection-Inward**

9:30 am  
Presto Room  
Sign up Uniguest or Harmony Ridge Lobby

## **Illustration Basics in Colored Pencil**

10:00 am - 12:00 pm  
Art Education Studio  
Sign up Uniguest or Harmony Ridge Lobby

## **Travel Tours**

11:00 am  
Theater

## **Village Diversity Group: Coping with Hearing Impairment**

12:00 - 1:30 pm  
Encore Room  
Sign up Uniguest or Harmony Ridge Lobby

## **Illustration Basics in Colored Pencil**

1:00 - 3:00 pm  
Art Education Studio  
Sign up Uniguest or Harmony Ridge Lobby

## **Titanic Miniseries: Episode 2**

3:00 - 4:40 pm  
Theater

# Activities Calendar

**TUES**  
**MAR**  
**25**

**The Journey Through Retirement Presentation**  
11:00 am  
Theater  
Sign up Uniguest or Harmony Ridge Lobby

**Pysanky Ukranian Egg Class**  
1:00 - 4:00 pm  
Art Education Studio  
Sign up Uniguest or Harmony Ridge Lobby

**Titanic Miniseries: Part 3**  
3:00 - 4:40 pm  
Theater  
Sign up Uniguest or Harmony Ridge Lobby

**WED**  
**MAR**  
**26**

**Pysanky Ukranian Egg Class**  
1:00 - 4:00 pm  
Art Education Studio  
Sign up Uniguest or Harmony Ridge Lobby

**THUR**  
**MAR**  
**27**

**Pysanky Ukranian Egg Class**  
1:00 - 4:00 pm  
Art Education Studio  
Sign up Uniguest or Harmony Ridge Lobby

**FRI**  
**MAR**  
**28**

**Hearing Screening for Villagers**  
9:00 - 11:00 am  
Presto Room  
Sign up Harmony Ridge Lobby

**Earring Making Class**  
11:00 am - 12:00 pm  
Art Education Studio  
Sign up Uniguest or Harmony Ridge Lobby

**Play Ball! Blue Ridge Baseball League Presentation**  
11:00 am  
Theater  
Sign up Uniguest or Harmony Ridge Lobby

**Earring Making Class**  
1:00 - 2:00 pm  
Art Education Studio  
Sign up Uniguest or Harmony Ridge Lobby

**MON**  
**MAR**  
**31**

**Flower & Burlap Hoop Hanging Decoration Class**  
10:00 am - 12:00 pm  
Art Education Studio  
Sign up Uniguest or Harmony Ridge Lobby

**Flower & Burlap Hoop Hanging Decoration Class**  
1:00 - 3:00 pm  
Art Education Studio  
Sign up Uniguest or Harmony Ridge Lobby

**FRI**  
**APR**  
**4**

**Decades Concert Series: 1960s**  
2:00 pm  
Theater  
Sign up Uniguest or Harmony Ridge Lobby

**Hanover HS Musical Bus Trip**  
Depart Campus Inn at 6:30 pm  
Cost: \$7, payable to LEC  
Sign up Residential Living Desk by 4/1

**TUES**  
**APR**  
**8**

**Gettysburg Community Concert Association Bus Trip**  
Depart Campus Inn at 6:45 pm  
Cost: \$20 at the door  
Sign up Harmony Ridge Lobby by 4/1

**WED**  
**APR**  
**9**

**Figure & Character Drawing**  
10:00 am - 12:00 pm  
Art Education Studio  
Sign up Uniguest or Harmony Ridge Lobby

**FRI**  
**MAY**  
**2**

**Majestic Theater 360 Allstars**  
Depart Union Sq/Campus Inn at 6:15 pm  
Cost: \$45, payable to LEC  
Sign up Residential Living Desk by 3/31

**SAT**  
**MAY**  
**17**

**Canadian Island Bus Trip**  
May 17 - 23  
Depart Union Sq at 8:00 am

*The content of programs may not represent the beliefs and opinions of the Church of the Brethren or the CKV organization.*



# Channel 25 Programming

**March 10 – 16, 2025**

## Monday, March 10

- 9:30am Tai Chi w/Brittany
- 10:00am Chili Recipe w/Chef Jean-Pierre
- 11:00am How to Draw a Rabbit step by step
- 12:00pm How Peanut Butter is Made in a Factory
- 1:00pm Tai Chi w/Brittany
- 2:00pm We Drove Across the Amazon

## Tuesday, March 11

- 9:30am Chairobics w/Madi
- 10:00am What Happens to Plastic in the Ocean
- 11:00am **Antarctic Exploration During the Golden Age – Broadcast from Theater**
- 12:00pm Mike Matsinko "Music Man" (recording replay)
- 1:00pm **Antarctic Exploration Part 2 – Broadcast from Theater**
- 2:00pm The Ark Before Noah w/Irving Finkel

## Wednesday, March 12

- 9:30am Fitness Fusion w/Madi
- 10:00am On the Road w/Steve Hartman
- 12:30pm Crazy 1960s Things That Were Once Normal
- 12:45pm Things Boomers Never Throw Out!
- 1:00pm Fitness Fusion w/Madi
- 2:00pm Church Service (replay)
- 6:00pm **Drew Vervan & the Celtic Music Club – Broadcast from Theater**

## Thursday, March 13

- 9:30am PurEnergy w/Madi
- 10:00am **Nutrition Talk – Broadcast from Theater**
- 11:30am Brook Trout Fishing the Heart of Labrador
- 12:30pm The Weird History of Milk
- 1:00pm PurEnergy w/Madi
- 2:00pm Two Bear Cubs Adopted by Unusual Mother

## Friday, March 14

- 9:30am Chairobics w/Brittany
- 10:30am This Heals Your Thyroid in 3 Days w/Dr. O'Neill
- 11:30am 15 Most Unusual Beauty Trends from History
- 12:00pm How to Control Hunger, Eating & Satiety
- 1:00pm Chairobics w/Brittany
- 2:00pm **Decades Concert Series: 1950s – Broadcast from Theater**

## Saturday, March 15

- 8:30am Treasures of Georgia w/Bettany Hughes
- 10:00am Kingdoms of Africa: Kingdom of Asante
- 11:30am Best Fashion Model: Cindy Crawford
- 1:30pm Sewers of Paris
- 3:30pm How Baseball Became America's Pastime
- 6:00pm The Glory Guys – 1965 Western

## Sunday, March 16

- 8:00am Jonathan Cahn
- 10:00am Church Service Broadcast from the Nicarry
- 11:30am The Secret Science of Sewage
- 2:30pm One Hour of Instrumental Hymns on Piano
- 4:30pm Church Service (replay) from March 9
- 6:00pm The Bible – Homeland
- 8:00pm The Maestro & The European Pop Orchestra

**Watch In Touch every weekday  
- live at 8:30 am and replayed at  
3:00 pm & 8:30 pm.**

For questions or requests related to Channel 25 programming, please contact  
Cindy Hockensmith, Communications Coord.  
at Ext. 5416 or email  
[c.hockensmith@crosskeysvillage.org](mailto:c.hockensmith@crosskeysvillage.org)

**\*Schedule subject to change\***

*The content of programs may not represent the beliefs or opinions of the Church of the Brethren or the CKV organization.*

## breakfast

8:00 - 10:00 am

Breakfast Flatbread  
 Scrambled eggs,  
 bacon, cheddar,  
 tomato, red onion,  
 and sundried  
 tomato aioli  
 7.00

**mon**

 Pepper Pot

**tues**


Chicken Orzo

**wed**

 New England Clam Chowder

**thur**

 Turkey and Rice


 Vegetable Greek  
 Omelet, served with  
 your choice of  
 toast  
 6.75

**fri**

  Cream of Asparagus


**sat**

Beef Noodle

 Egg Bake  
 Egg, ham, spinach,  
 and Swiss cheese,  
 served with fruit  
 6.50

## lunch


11:00 am - 2:00 pm

 Chopped Salad 8.50  
 Avocado, tomatoes, onion,  
 cucumbers, hardboiled eggs,  
 olives, Monterey Jack cheese,  
 and choice of dressing

Ham & Gruyère Cheese 8.50  
 with whole grain mustard on a  
 pretzel roll

Turkey Apricot Salad 8.25  
 Roasted turkey, spring mix,  
 toasted almonds, feta cheese,  
 and apricot vinaigrette

Cheeseburger Sub 8.50  
 w/ lettuce, tomato, red onion,  
 and mayo on a Vienna sub roll


 Walnut Pear Salad 8.00  
 Pears, grapes, walnuts, and  
 blue cheese over baby kale  
 with maple vinaigrette

BBQ Beef Brisket Sandwich 9.00  
 w/ caramelized onions and  
 cheddar cheese on a toasted  
 kaiser roll

## coffee

Butter Pecan

## smoothie

 Raspberry Apple  
 Almond milk, vanilla yogurt,  
 honey, raspberries, and  
 apples

## side

Cheddar Bacon Pea Pasta  
 Salad

## hearth oven

Supreme Pizza 10.25

Philly Cheesesteak Dip w/  
 Ciabtta 8.00

## bakery

Mixed Berry Muffin 1.80

Regular Coffee Cake 2.80

## desserts

Apple Pie 3.10

Chocolate Cake w/ Peanut  
 Butter Icing 4.10



# Café

## ALL DAY

**Friday, March 14**


**Breakfast: 8:00 – 10:00 am**  
**Grab 'n' Go: 10:00 – 11:00 am**  
**Lunch: 11:00 – 2:00 pm**  
**Grab 'n' Go: 2:00 – 3:00 pm**  
**Dinner: 4:30 – 6:30 pm**

**Grab 'n' Go selections also available  
during dining hours.**


To place a carry out order or preorder use Online  
Ordering through Uniguess or call ext. 5678.  
Reservations required for dine-in service for parties  
of 5 or more. Call ext. 5678 for reservation.



## Breakfast

Egg Bake  6.50  
Egg, ham, spinach, and Swiss  
cheese. Served with fruit

## Lunch


Walnut Pear Salad  8.00  
Pears, grapes, walnuts, and blue  
cheese over baby kale with  
maple vinaigrette

BBQ Beef Brisket Sandwich 9.00  
w/caramelized onions and  
cheddar cheese on a toasted  
kaiser roll

Cream of Asparagus Soup  

## Dinner

### "50's TV Dinner Night"

Oven Roasted Turkey  11.00  
w/mashed potatoes & gravy and  
peas

Salisbury Steak  11.00  
w/mashed potatoes & gravy and  
carrots

Beans and Franks 9.00  
w/spiced apples and a brownie



mon - sat

8:00 - 3:00

## hearth oven pizza

gluten-free dough available +0.85

Cheese Pizza 9.85

Pepperoni / Sausage Pizza 10.35

Flatbread (Cheese or Meat) 8.00

## breakfast

served daily until 10:00 am

One Egg Any Style (served with choice of toast) 2.95

Two Eggs Any Style (served with choice of toast) 4.10

Egg Sandwich 4.10

Egg & Meat Sandwich 4.80

Egg Omelette (add .60 for each additional filling) 5.65

Two Bacon Strips/Two Sausage Links 1.60

Pancakes (2) 3.50

Toast (White / Wheat / Rye / Sourdough) .65

Gluten-Free Bread 1.25

English Muffin 1.30

Bagel & Cream Cheese 2.40

Home Fries / Hash Browns 1.55

## sandwiches

gluten-free bread available +0.85

Burger (Beef / Turkey / Garden / Spicy Black Bean) 8.50

Vegetarian Wrap 6.95

Cold Sandwiches Sm 6.15 Lg 7.65

Turkey, Ham, Corned Beef, Tuna Salad,  
Chicken Salad, Egg Salad, Classic BLT

Grilled Cheese 5.55

Hot Dog 5.55

Gourmet Grilled Cheese 7.45

Tuna Melt 7.75

Grilled Chicken Deluxe 7.75

Reuben / Rachel 8.00

Philly Cheesesteak 8.00

Served with your choice of side. Add 1.60 for cup of soup.

## bakery

Muffin 1.80

Cinnamon Bun / Scone / Pie 3.10

Cookie 1.50 ea 3 for 3.70

Cake 4.10

## salads

Garden Salad 5.75

Classic Chef 8.25

Grilled Chicken Caesar

Grilled Chicken Salad

## beverages

Coffee / Iced Tea / Fountain Drinks 1.80

Specialty Coffee / Hot Cocoa 2.50 - 3.40

## sides

Homemade Soup cup 3.75 bowl 5.40

French Fries, Sweet Potato Fries, 2.60

Onion Rings, Fruit Salad, Applesauce, Coleslaw

To preorder, use online ordering on Uniguest.  
Reservations required for parties of 5 or more.  
Call ext. 5678 to make reservations or preorder by phone.

Breakfast 8:00 - 10:00 am, Lunch 11:00 am - 2:00 pm  
Grab 'n' Go 10:00 - 11:00 am and 2:00 - 3:00 pm



## DINNER SPECIALS

Includes your choice of:

Cup of Soup, Small House or Caesar Salad, Fruit Salad, Side of the Week, Coleslaw, or Applesauce

### MONDAY, MARCH 10

**CLOSED**

### TUESDAY, MARCH 11

**JAZZ NIGHT** featuring **MATTHEW SANDIFER DUO**  
Reservations required. Call ext. 5656

#### Chicken Orzo Soup

#### **Water Cress Salad 4.00**

Roasted chickpeas, sun-dried tomatoes, shaved red onion, peaches, blue cheese crumbles, and raspberry vinaigrette

#### **Foie Gras Poached Chicken Thigh 15.00**

Served with white bean ragu and braised Swiss chard

#### **Seafood Thermidor 16.00**

Seafood in a brandy cream sauce served over saffron rice and peas with fresh dill

\*Regular Menu Available\*

### WEDNESDAY, MARCH 12

#### IRISH THEME DINNER

Reservations recommended. Special Hours 4 – 6 pm

#### **Irish Farmhouse Vegetable Soup**

#### **Corned Beef and Cabbage 14.00**

Served with mashed potatoes

#### **Bangers and Mash 14.00**

House made Irish sausage (Bangers) and colcannon potatoes (Potatoes, cabbage, and kale) and onion gravy. Served with a side of carrots

#### **Poached Salmon with Irish butter sauce 16.45**

Served with a side of mashed potatoes and Brussels sprouts

#### **Apple Cake with Vanilla Custard sauce 4.10**

**Raisin Bread and Soda Bread**

\* No Regular Menu\*

To Place A Carry Out Order Or To Preorder, Use Online Ordering Through Uniguest Or Call 5656

## MARCH 10 – 15

### THURSDAY, MARCH 13

#### **Turkey and Rice Soup**

#### **Swedish Meatballs 13.00**

Served with bow tie pasta and peas

#### **Lemon Rosemary Chicken Thigh 12.35**

Served with mashed potatoes and wilted greens

\*Regular Menu Available\*

### FRIDAY, MARCH 14

#### “50’S DECADE DINNER ” AT THE CAFÉ

See Café All Day Menu for Details

### SATURDAY, MARCH 15

#### NO REGULAR MENU

#### **Beef Noodle Soup**

#### **Pineapple Glazed Ham Steak 12.35**

Ham steak topped with pineapple glaze. Served with roasted potatoes and green beans

#### **Fried Chicken Sandwich 9.25**

Breaded chicken breast with lettuce, tomato, and mayonnaise on a grilled kaiser roll

#### **Baked Haddock Filet 11.50**

Fresh Atlantic Haddock baked with lemon and butter. Served with a baked sweet potato and broccoli

#### Side of the Week:

Cheddar Bacon Pea Pasta Salad

**Desserts:** Apple Pie 3.10

Chocolate Cake w/ Peanut Butter Icing 4.10

 denotes gluten avoided  
 denotes vegetarian

# CAMPUS Inn

Tuesday through Thursday, and Saturday 4:30 – 6:30 pm  
Closed on Sunday, Monday and Friday.  
Dinner available in Harmony Café on Friday

## BEVERAGES

2.05

Coca-Cola • Diet Caffeine-Free Coke  
Sprite • Barq's Root Beer  
Minute Maid Lemonade • Ginger Ale  
Raspberry Iced Tea • Sweetened Black Tea  
Freshly Brewed Unsweetened Iced Tea  
Decaf or Regular Coffee  
Assorted Hot Tea  
Free Refills on all Drinks

## SOUP & SALADS

**Soup Du Jour** Cup 3.75 – Bowl 5.40

**Classic Caesar** sm. 3.60 lg. 6.70  
Chopped romaine, parmesan cheese, croutons  
and Classic Caesar dressing,

**House Salad** sm. 3.60 lg. 6.70  
Spring mix lettuce, cucumbers, cherry tomatoes,  
carrots, choice of dressing

### Add Protein To Your Salad

Grilled chicken 3.60  
Grilled Salmon 5.00

## SANDWICHES

Served with one side, cup of soup add 1.60  
Gluten-free roll add 0.85

**Chargrilled Burger** 9.30  
7 oz Angus beef patty with lettuce, tomato,  
onion, choice of cheese on a grilled kaiser roll

**Bacon Cheddar Burger** 12.30  
7 oz Angus beef patty with bacon, cheddar  
cheese, lettuce, tomato, onion, on a grilled  
pretzel roll

**Fried Chicken Sandwich** 9.25  
Breaded chicken breast with lettuce, tomato,  
and mayonnaise on a grilled kaiser roll



To place a carry out or delivery order  
use online ordering through  
Unigest or call ext. 5656

Reservations are required for dine-in service for  
parties of 5 or more. Please call 717-624-5656

Consumer Advisory – Thoroughly cooking meats, poultry, seafood, shellfish and eggs  
reduces the risk of foodborne illness.

# CAMPUS Inn

## ENTREES

Includes two side items and choice of cup of soup, small house or Caesar salad, fruit salad, side of the week, coleslaw, or applesauce.

-  **Garlic & Sage Rubbed Pork Chop** **13.25**  
6oz pan-roasted center cut pork chop served with natural jus
-  **Grilled Chicken Breast** **12.35**  
Garlic & thyme marinated grilled chicken breast
- Fried Chicken Tenders** **10.80**  
Breaded chicken tenders, fried golden brown
-  **Hot Roast Beef with Gravy** **12.35**  
Tender sliced roast beef served with gravy
-  **Grilled Salmon Filet (6 oz.)** **14.50**  
Fresh Atlantic salmon grilled to order
- Fried Shrimp (6)** **14.90**  
Breaded fried shrimp
-  **Fresh Catch of the Day (6 oz)** **11.50**

 denotes gluten avoided

## PASTA

All pasta served with garlic bread and choice of cup of soup, small house or Caesar salad, fruit salad, side of the week, coleslaw, or applesauce. Gluten-free pasta add 1.70.

**Angel Hair Pasta with Marinara** **9.00**  
Angel hair pasta, homemade marinara and parmesan cheese

**Angel Hair Pasta with Meat Sauce** **11.25**  
Angel hair pasta, homemade meat sauce and parmesan cheese

**Chicken Parmesan** **11.25**  
Breaded chicken, angel hair pasta, homemade marinara, mozzarella and parmesan cheese

## SIDES

**2.60**

- Onion Rings
- French Fries
- Sweet Potato Fries
-  Green Beans
-  Steamed Broccoli
-  Peas
-  Mashed Potatoes
-  Baked Potato
-  Sweet Potato
-  Cinnamon Apples
-  Harvard Beets
- Macaroni & Cheese
- Look For Our Special Side Of The Week On The Specials Menu

## DESSERTS

- Slice of Cake 4.10
- Slice of Pie 3.10



**BREAKFAST**

Scrambled Eggs  
Assorted Breakfast Meats  
Home Fries  
Hot Grab & Go Breakfast Sandwiches  
Oatmeal Bar

**LUNCH**

Made-To-Order Deli Sandwiches & Wraps  
Wellness Salad Bar  
Build-Your Own Flatbread Pizzas  
Fresh Fruit Cups

**FLATBREAD OF THE WEEK**

Meat Lovers (Bacon, Sausage, Pepperoni)

**CHEF'S ACTION STATION M/W/F**

Carved Beef Brisket

**SANDWICH OF THE WEEK**

Chicken Philly Cheesesteak

**SOUP DU JOUR**

**Monday** Cream of Tomato  
**Tuesday** Cream of Cauliflower  
**Wednesday** Italian Wedding Soup  
**Thursday** Beef vegetable  
**Friday** Chicken Noodle Soup

**FROM THE BAKERY**

Chef Mark's Homemade Desserts & Pastries

**OPEN MONDAY THROUGH FRIDAY**

**BREAKFAST** served from 7:30 to 10:00 am

**LUNCH** served from 10:30 am to 1:30 pm