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## Reminder

Pinewood Derby Monte Leister, Ext. 5293 Life Enrichment Specialist

Our Pinewood Derby race is just around the corner, on Friday, February 28!

If you are planning to participate, please return your completed registration form to Monte Leister by Friday, February 21. Registration forms can be found in the Art Education Studio and on the table by the Harmony Ridge mailboxes. There is still plenty of time and car kits left. See Monte and get your kit today!

## Page 6 COVID-19 VACCINE CLINIC

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Campus Inn
Music Night
with Derek
Reed!



## Village News

## Presidents Day Monday, February 17 Residential Living, Ext. 5411

There will be no U.S. mail delivery on Monday, February 17, in honor of Presidents Day. CKV departments and schedules will remain normal.



## Volunteer Opportunities Cindy Boyer, Ext. 5227 Volunteer Services

Volunteer Services is looking for the following volunteers:

- To transport residents to and from the Silver Shears Beauty Salon in Health Care. This would be for Health Care and Personal Care. Crossing over all service lines is now permitted.
- To help with a variety of opportunities in Lifespring.
- Personal Care, to help with one of their cooking groups on Monday afternoons from 1:00 – 2:30 pm. The volunteer would also be allowed to stay longer and help with other activities.
- Personal Care, to help with art and craft activities. There are multiple days and times available.
- To assist in moving Personal Care residents to Nicarry Meetinghouse for Sunday morning worship services.
- To label clothing in Personal Care.

You must be a registered volunteer to fill these needs. If you are not registered, Volunteer Services will work with you through the required steps. Please contact Cindy Boyer at 717-624-5227 with any questions or to sign up.



## "Framed" Art Exhibit Monte Leister, Ext. 5293 Life Enrichment Specialist

Our next Avenue Art Exhibit, "Framed," opens on Friday, March 21, and submissions are due by Friday, March 7. The guidelines for this exhibit are quite simple: choose a frame from the extensive selection of donated frames in the Art Education Studio and use it around or within the artwork that you create for this exhibit. We have frames ranging in size from very small to quite large from which you can choose. We encourage you to be creative in the way that you work one of the frames into your artwork. Let's get Framed!

The frames can be found in Storage Room B, in the Art Education Studio. See Monte if you have questions or would like help choosing a frame.



## Spring 2025 Billiards Tournament Wellness Team, Ext. 5410

While it may be cold outside, spring is just a few weeks away—and that means it's time for our annual friendly billiards tournament! As always, the tournament will be held in a double elimination style. Everyone is invited to join, have fun, and show off their skills!

Sign-up sheets are available in the billiards room from February 17 through February 22.

An information meeting will be held on Thursday, February 27, at 1:30 pm in the Gathering Room.

If you have any questions, please feel free to reach out to Carol Gerkin at ext. 3259. We look forward to seeing you there!



## Area High School Musicals

Nikki Bull, Ext. 5294, Life Enrichment Specialist

"Theater is a verb before it is a noun, an act before it is a place." – Martha Graham. This quote highlights that theater is all about action and experience, not just the place. Our local high schools are preparing to perform their annual musical productions! Students from the schools listed below have been seen on our Cross Keys Village campus in one way or another, sharing their gift of music and dance. If you'd like to enjoy an evening (or afternoon) of entertainment and creativity while encouraging the performers, here is a list of each school's performance schedule. Please feel free to reach out to individual schools for additional information regarding ticket prices and purchasing options.

## Bermudian Springs High School "Shrek The Musical"

February 28 & March 1 7:00 pm March 2 2:00 pm

## Gettysburg Area High School "Into the Woods"

February 28 & March 1 7:00 pm

## Dover Area High School "Peter Pan"

February 28 & March 1 7:00 pm March 1 & 2 2:00 pm

## Littlestown High School "The Marvelous Wonderettes"

March 7 & 8 7:30 pm March 9 2:00 pm\*

## South Western High School "Big Fish"

March 13, 14, & 15 7:00 pm\*

## New Oxford High School "Anything Goes"

March 13, 14, & 15 7:00 pm

## Biglerville High School "Footloose"

March 14\* & 15 6:00 pm March 16 1:00 pm

## Delone Catholic High School "Oklahoma!"

March 28 & 29 7:00 pm March 30 2:00 pm\*

## Hanover Senior High School "Joseph and the Amazing Technicolor Dreamcoat"

April 4\* & 5 7:00 pm April 6 2:00 pm

\* denotes bus trip through CKV Sojourners. Trips announced in future Village Voices.

## God's Ove Pastor Linda Titzell, Ext. 5580

For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

John 3:16

Valentine's Day produces mixed emotions for many people. Although it should be a time to celebrate love with a significant other, for many it's a reminder of failed relationships, the loss of a loved one, or lack of a relationship. However, one love remains constant, faithful, and consistent...God's love for us. His love never fails us.

Love is the essence of God's character. While other relationships may fail, God's love is permanent. Our faults, mistakes, and shortcomings do not negate God's love for us. Author Philip Yancey writes, "Grace teaches us that God loves because of who God is, not because of who we are."

Why is God's love important? Human love can be imperfect, limited, and conditional. This is not to say that the love humans feel for one another is not real, but it cannot measure up to the love that God feels for each and every one of us. The more we embrace the love from our creator, the more we learn to love others.

On this Valentine's Day remember to show your friends, family, and loved ones just how much they mean to you. If you have lost a loved one or find yourself in a broken or distant relationship, take comfort in God's love for you. As C.S. Lewis said, "Though our feelings come and go, God's love for us does not." May His love fill your heart.

Prayer - Lord, thank you for your unconditional love for us; teach us to love others as You love us. Amen

(Excerpt Guideposts Daily Devotion, February 2021)

# VACCINE COVID-19 VACCIN

Minnich's Pharmacy will be visiting Cross Keys Village to administer COVID-19 vaccines. Please consult with your physician about whether this vaccine is right for you. The Cross Keys @ Home team is not able to provide recommendations on this for you.

To sign up, please contact Ashley Williams at ext. 5256 to register.

## Monday, March 17

8:00 - 11:00 am • Nicarry Meetinghouse Call ext. 5256 to register by March 7.





## **Upcoming Activities**

MON FEB 17

Good News Group Larry Gladfelter, Ext. 6683

10:30 am No sign-up necessary Theater

The Villager-led Good News Group is presenting the ministry of Pastor Gary Hamrick of Cornerstone Chapel, Leesburg, VA. Meeting together and watching the programs will deepen your understanding of God's Word and foster good fellowship. Our next presentation will be Genesis chapter 25.

MON MAR 3

MAR 5 Heart-Shaped Basketmaking Class

Monte Leister, Ext. 5293 Life Enrichment Specialist

10:30 am - 2:30 pm Art Education Studio Sign up in Uniquest or Harmony Ridge Lobby

Try your hand at basket weaving (no experience necessary) with our resident basket weaver, Darlene Krepps. Create a small hanging heart basket. This is a great first basket weaving project!

TUES MAR 4 WellSpan Presents:
"Heart Health"
Nikki Bull, Ext. 5294
Life Enrichment Specialist

2:00 pm

Theater
Sign up in Uniguest or Harmony Ridge Lobby

February is "Heart Health Month," a time to celebrate and raise awareness about the importance of cardiovascular wellness. This month serves as a reminder to prioritize heart health through regular exercise, a balanced diet, and routine medical check-ups. This presentation by WellSpan Health is an opportunity to educate ourselves and our loved ones about the risks of heart disease and the steps we can take to prevent it.

WED MAR 5 Men's Interfaith
Fellowship Breakfast
Lynn Titzell, 717-319-6969

7:30 am Garden Room Sign up in Uniguest or Harmony Ridge Lobby

Please join us for the March Men's Interfaith Fellowship Breakfast. Our guest speaker is Vince Pacelli. Vince is the Chief Executive Officer of Tender Care, Pregnancy Consultation Services. Vince is an enthusiastic spokesperson for the work of Tender Care. Plan to attend and bring someone with you. Our host is Villager Rich Gawrych.

This is a great opportunity for fellowship and good food! Dining services will provide attendees with a warm and hearty selection of breakfast items. Note: First-time attendees will receive a complimentary breakfast. Sign up by Monday, March 3.

SUN MAR 9 Littlestown High School Musical Bus Trip Betsy Liou, Ext. 5144 CKV Soiourners

Depart: Campus Inn/Union Sq at 1:00 pm Deadline: Wednesday, March 5 Sign up in Harmony Ridge Lobby

Cost: \$10 at the door of the theater and dinner on your own. Dinner location TBD.

A play and a meal. What better way to spend a Sunday afternoon? All costs are on your own. A donation will be taken for the bus driver's meal. "The Marvelous Wonderettes" takes a musical trip down memory lane to the 1958 Springfield High School prom, where we meet The Wonderettes: four girls with hopes and dreams as big as their crinoline skirts.

The show follows their lives and loves from prom night to their 10-year reunion. The score highlights over 20 chart-topping hits of the era, including "Lollipop," "Dream Lover," "Stupid Cupid," "Son of a Preacher Man," "Hold Me, Thrill Me, Kiss Me," and "It's My Party."

## **Upcoming Activities**

MON MAR 10 Virtual Library
Series: "Rodgers &
Hammerstein Part 2
Nikki Bull, Ext. 5294
Life Enrichment Specialist

10:30 am Encore Room Sign up in Uniquest or Harmony Ridge Lobby

A three-part series on the history of Rodgers and Hammerstein highlighting the duo's significant contributions to American musical theater, including Broadway shows like Oklahoma, Carousel, South Pacific, The King and I, and The Sound of Music. We will explore the early career of lyricist Oscar Hammerstein II, his successful collaboration with composer Jerome Kern (Showboat, All The Things You Are, The Song Is You, etc.), and the successes and struggles of his years prior to teaming up with Richard Rodgers to write OKLAHOMA! This presentation is made possible thanks to Tewksbury Library (Massachusetts), in collaboration with Groton Public Library (New York).

The Virtual Library Series will showcase different library systems in each presentation. It's an online learning experience where you can connect with content and instructors from anywhere, using digital tools.

TUES MAR 11

## Antarctic Exploration During the Golden Age

Monte Leister, Ext. 5293
Life Enrichment Specialist

11:00 am - 2:00 pm Theater Sign up in Uniquest or Harmony Ridge Lobby

Lou Thieblemont, aka the most interesting man in the room, will be presenting a two-part program on Antarctica. Part one will be about Scott, Amundsen, and Shackleton's races to the South Pole. Then after lunch he will share a presentation on the Imperial Transatlantic Expedition of 1914. This was an unsuccessful attempt to cross Antarctica that turned into the greatest story of endurance of all time. Sign up early as this program is sure to be a hit! Includes a one-hour intermission for lunch.

MAR 12

## Figure & Character Drawing

Monte Leister, Ext. 5293
Life Enrichment Specialist

10:00 am - 12:00 pm Art Education Studio Sign up in Uniguest or Harmony Ridge Lobby

Join Villager-artist Bill Lewis for a casual exploration into figure and character drawing. This session the focus will be on drawing two hands working together. Techniques include combined layouts for both hands, drawing of complicated finger work, and setting up compositions that include the head/eyes of the figure doing the work as well as the hands themselves.

WED MAR 12

## Drew Vervan & the Celtic Music Club Monte Leister, Ext. 5293

Life Enrichment Specialist

6:00 pm Theater Sign up in Uniguest or Harmony Ridge Lobby

Put on your green and get ready for an early St. Patrick's Day celebration! Drew Vervan and Gary Eurice, along with the other members of the Celtic Music Club (Bruce Livingston, George Piper, and Seamus Sloan), will be entertaining us again this year with lively Celtic music, frivolity, and fun. This is sure to be a great time that you don't want to miss, so sign up right away! Drew and his mates are in high demand, especially this time of year; thanks to the luck of the Irish, we were able to get them to come back to CKV. Look for an Irish-themed menu at the Campus Inn to complement the event!

THUR
MAR
13

Drawing Techniques
Monte Leister, Ext. 5293
Life Enrichment Specialist

10:00 am - 12:00 pm Art Education Studio Sign up in Uniquest or Harmony Ridge Lobby

Villager-artist Deb McKeen is continuing her Thursday drawing classes. Learn how to see and draw a variety of objects and add dimension to them by capturing the lights and shadows. No previous art experience is necessary. Bring your sketch pad and work on honing your skills.

## **Activities Calendar**

## **Shopping Trips**

TUES
FEB
18

Weis Market 9:00 am Sign up by 2/17, Harmony Ridge FEB 16 Sunday Movie Matinee: "A Joyful Noise" 2:00 - 3:58 pm Theater Rated PG-13

THUR FEB 20

**Giant & Aldi** 9:00 am Sign up by 2/19, Harmony Ridge

FEB 25

Weis Market 9:00 am Sign up by 2/24, Harmony Ridge

THUR FEB 27

**Giant & Aldi** 9:00 am Sign up by 2/26, Harmony Ridge MON FEB 17

Virtual Library Series: Rodgers & Hammerstein, Part 1
10:30 am

Encore Room

Sign up Uniguest or Harmony Ridge Lobby

**Good News Group** 

10:30 am Theater

**Basket Weaving Workshop** 

1:00 - 4:00 pm Art Education Studio

Mid-Winter Musical Series: "Oklahoma!"

1:30 - 3:49 pm Theater

**Events** 

FEB 14

Conversation with an Organ Donor: George Turner

10:30 am Theater

Sign up Uniguest or Harmony Ridge Lobby

**Heart-Breaker Drum Cardio** 

12:00 pm Wellness Studio

Valentine's Day Movie:

"A Good Year"

2:00 - 3:58 pm Theater Rated PG-13 FEB 18

Reflection-Inward

9:30 am

Presto Room

Sign up Uniguest or Harmony Ridge Lobby

**Travel Tours: African Safari** 

11:00 am Theater

Village Diversity Group: Rukhsana Ranman's Journey of Faith

12:00 - 1:30 pm Encore Room

Sign up Uniguest or Harmony Ridge Lobby

**Villager Meeting** 

1:00 pm Theater

## **Activities Calendar**

THUR

**20** 

**Drawing Techniques** 

10:00 am - 12:00 pm Art Education Studio Sign up Uniguest or Harmony Ridge Lobby

Songwriting 101 (Session 2 of 3)

11:00 am

Theater

Sign up Uniguest or Harmony Ridge Lobby

Parkinson's Third Thursday

1:00 pm

Encore Room

Contact Erin at ext. 5403 to sign up

Cinematic Chat with Bob Wilson: "Swing Kids"

2:00 pm

Theater

Sign up Uniguest or Harmony Ridge Lobby

FRI FEB Snowflakes & Soup

12:00 - 1:30 pm Art Education Studio Sign up Uniguest or Harmony Ridge Lobby

FEB 23

**Sunday Movie Matinee:** 

"Julie & Julia"

2:00 - 4:03 pm

Theater

Rated PG-13

MON

**PEB 24** 

Ukrainian Egg Demo

11:00 am - 12:00 pm Art Education Studio

Sign up Uniguest or Harmony Ridge Lobby

**Ukrainian Egg Demo** 

1:00 - 2:00 pm

Art Education Studio

Sign up Uniguest or Harmony Ridge Lobby

Mid-Winter Musical Series: "Cats:

The Musical"

1:30 - 3:30 pm

Theater

TUES FEB

Visiting Angels: The Power of

Connection

11:00 am

Theater

Sign up Uniguest or Harmony Ridge Lobby

**Village Trivia** 

2:00 - 4:00 pm

Encore Room

WED FEB

26

Figure & Character Drawing

10:00 am - 12:00 pm

Art Education Studio

Sign up Uniguest or Harmony Ridge Lobby

Guesswork

11:00 am

Encore Room

Sign up Uniguest or Harmony Ridge Lobby

**Village Veterans Muster** 

2:00 pm

Garden Room

THUR FEB

Guesswork

11:00 am

**Encore Room** 

Sign up Uniguest or Harmony Ridge Lobby

Village Chili Cook-Off

11:30 am

Gathering Room

FRI FEB

**Hearing Screening for Villagers** 

9:00 - 11:00 am

Presto Room

Sign up in Harmony Ridge Lobby

Pinewood Derby Race

10:00 am - 3:00 pm

Avenue of the Arts

See Monte Leister to sign up

SAT MAR Sadie Hawkins Masquerade Dance

2:00 - 5:00 pm

2:00 0:00 piii

Nicarry Meetinghouse

Tickets available at Residential Living Desk

## **Activities Calendar**

MON MAR

## **Heart-Shaped Basket Class**

10:30 am - 2:30 pm Art Education Studio Sign up Uniquest or Harmony Ridge Lobby

Mid-Winter Musical Series: "Camelot"

1:30 - 4:30 pm Theater

TUES MAR 4

WellSpan Presents: "Heart Health"

2:00 pm Theater

Sign up Uniquest or Harmony Ridge Lobby

WED MAR

## Men's Fellowship Breakfast

7:30 am Garden Room Sign up Uniquest or Harmony Ridge Lobby

**Heart-Shaped Basket Class** 

10:30 am - 2:30 pm Art Education Studio Sign up Uniquest or Harmony Ridge Lobby

MON **MAR** 

Virtual Library Series: Rodgers & **Hammerstein Part 2** 

10:30 am Encore Room Sign up Uniquest or Harmony Ridge Lobby

**TUES** MAR

## **Antarctic Exploration During the** Golden Age

11:00 am - 2:00 pm (with intermission) Theater Sign up Uniquest or Harmony Ridge Lobby

WED MAR Figure & Character Drawing

10:00 am - 12:00 pm Art Education Studio Sign up Uniquest or Harmony Ridge Lobby

Drew Vervan & the Celtic Music **Club Concert** 

6:00 pm Theater Sign up Uniguest or Harmony Ridge Lobby THUR MAR

**Drawing Techniques** 

10:00 am - 12:00 pm Art Education Studio Sign up Uniguest or Harmony Ridge Lobby

MON MAR **COVID-19 Vaccine Clinic** 

8:00 - 11:00 am Nicarry Meetinghouse Call ext. 5256 for appointment

Mid-Winter Musical Series: "Jesus **Christ Superstar**" 1:30 - 3:17 pm

Theater

WED MAY

**Dutch Apple Dinner Theater Bus** 

Trip: "Waitress"

Depart Union Sq/Campus Inn at 10:30 am Contact Dixie at ext. 5693 to sign up

SAT **MAY** 

Canadian Island Bus Trip

May 17 - 23 Depart Union Sq at 8:00 am

WED JUNE

**Dutch Apple Dinner Theater Bus** Trip: "We Will Rock You"

Depart Union Sq/Campus Inn at 10:30 am Contact Dixie at ext. 5693 to sign up

**TUES** JUNE

Castles of New York Bus Trip

June 17 - 20

Depart Union Sq at 8:00 am

The content of programs may not represent the beliefs and opinions of the Church of the Brethren or the CKV organization.

## Monday, February 17

9:30am	Tai Chi w/Brittany
10:00am	One Pot Chicken Skillet Casserole – Hillbilly K.
11:00am	Make Your Artwork Better w/Acrylics
12:00pm	The Use of Water w/Barbara O/Neill

1:00pm Tai Chi w/Brittany

9:30am

9:30am

2:00pm Steve McNair: A Football Life

PurEnergy w/Madi

## Tuesday, February 18

10:00am	Senior Fraud Seminar - Rep. Ecker (replay)
12:00pm	The Sound of Music Cast Returns – 50th Anniv.
12:30pm	The Best of Groucho Marx 1954

1:00pm Villager Meeting – Broadcast from Theater 2:30pm Operation King Kong – The History Guy

## Wednesday, February 19 Fita - - - Fraisa - - /Madi

9:30am	Fitness Fusion W/IVIadi
10.00am	Cracking Ancient Codes: Cuncife

10:00am Cracking Ancient Codes: Cuneiform Writing

11:00am Canada's Hidden Rich Black History

12:30pm What's My Line? 1960 1:00pm Fitness Fusion w/Madi 2:00pm Church Service (replay)

## Thursday, February 20

Chairobics w/Madi

10:30am	The Science of Emotions & Relationships
11:30am	TED Talk – Climate Progress
11:45am	How Digital Culture is Reshaping Us
12:30pm	The Last Gullwing Ever Made!
1·00nm	Chairobics w/Madi

1:00pm

Cinematic Chat w/Bob Wilson: "Swing Kids" 2:00pm

- Broadcast from Theater

## Friday, February 21

9:30am PurEnergy w/Brittany

10:30am How Henry Ford's Factory Made a Fighter

**Bomber During WWII** 

11:30am Cirque Du Soleil 1:00pm PurEnergy w/Brittany 2:00pm Mulan Beijing Circus Show

## Saturday, February 22

8:30am	The Wonders of the Amazon Rainforest
10:00am	Sitting for Justice – The Montgomery Bus
	Boycott
11:30am	April Morning – The Battle of Lexington 1775
1:30pm	A Fox's Tale
3:30pm	Senior Fraud Seminar – Rep. Ecker (replay)
6:00pm	Walking Thunder movie
8:00pm	The Doobie Brothers 50th Anniversary 2022

## Sunday, February 23

8:00am	Cornerstone Chapel – Gary Hamrick & Jonathan Cahn
10:00am	Church Service Broadcast from the Nicarry
11:30am	Kingdom of Israel in Tartaria & America
2:30pm	Who Were the Sons of God?
4:30pm	Church Service (replay) from February 16
6:00pm	Shiloh movie 1996
8:30pm	Simon and Garfunkel Central Park 1981

Watch **In Touch** every weekday - live at 8:30 am and replayed at 3:00 pm & 8:30 pm.

For questions or requests related to Channel 25 programming, please contact Cindy Hockensmith, Communications Coord. at Ext. 5416 or email c.hockensmith@crosskeysvillage.org

## weekly specials february 17 – 22

## breakfast

8:00 - 10:00 am

soup

lunch 11:00 am - 2:00 pm

mon Mon

Western Frittata Ham, peppers, onions, cheddar cheese and egg. 6.50 On 🌬 Cheesy Cauliflower

tues

Steak and Potato

Wedge Salad 7.50
Iceberg lettuce wedge, bacon,
hard boiled eggs, cherry
tomatoes, and pixie dressing

Chicken Bowl 8.50 Mashed potatoes, corn, cheddar cheese, and gravy

Stuffed Waffle with Nutella and bananas. Served with bacon 6.75 wed

Roasted Pepper and Smoked Gouda Bisaue

Monaco Grill 8.50
Roast turkey, ham, Swiss cheese, spinach, tomato, and honey mustard dressing on grilled rye bread

thur

Corned Beef and Cabbage Asian Chicken Salad 8.25 Spring mix lettuce, mandarin oranges, chow mein noodles, and sesame dressing

Breakfast
Quesadilla
Flour tortilla, eggs,
cheddar jack
cheese, sausage,
green onions, and
salsa on the side
6.75

fri

sat

Chicken Noodle

Greek Salad with Chicken 8.25 Spring mix lettuce with kalamata olives, tomato, red onion, cucumber, feta cheese, and Greek dressing

Shrimp Po Boy Wrap 9.25 With lettuce, tomato, and remoulade sauce in a flour tortilla

coffee

French Vanilla

smoothie

Pasta Fagioli

Mixed Berry
Almond milk, vanilla yogurt,
honey, strawberries,
blueberries, and raspberries

side

Potato Salad

Diced potatoes, hardboiled
eggs, red onion, and celery
with a creamy dressing

hearth oven

Pesto Sausage Pizza 10.50

Pepperoni Pizza Bread 7.50

bakery

Chocolate Chip Muffin 1.80

Pineapple Coffee Cake 2.80

desserts

Boston Cream Pie 3.10

Red Velvet Cake 4.10



## Friday, February 21

Breakfast: 8:00 – 10:00 am Grab 'n' Go: 10:00 – 11:00 am Lunch: 11:00 – 2:00 pm Grab 'n' Go: 2:00 – 3:00 pm Dinner: 4:30 – 6:30 pm

Grab 'n' Go selections also available during dining hours.

To place a carry out order or preorder use Online Ordering through Uniguest or call ext. 5678. Reservations required for dine-in service for parties of 5 or more. Call ext. 5678 for reservation.



## **Breakfast**

Breakfast Quesadilla	6.75
Flour tortilla, eggs, cheddar jack	
cheese, sausage, green onions,	
and salsa on the side	

## Lunch

Greek Salad with Chicken	8.25
Shrimp Po Boy Wrap	9.25
Chicken Noodle Soup	

## Dinner "Italian Bistro Night"

Caesar Salad Bar (Included with Meal)

Stromboli Classic stromboli with ham,	14.00
pepperoni, sausage, provolone and mozzarella cheese. Served with	
marinara sauce	

## Calzone Ricotta cheese and broccoli. Served 14.00 with marinara sauce

Mussels and Clam Linguini	14.00
Served with garlic bread	

14.00

D t I II (till I till I till
Pasta shells filled with chicken,
spinach, and mozzarella cheese
topped with alfredo sauce. Served
with garlic bread



mon - sat 8:00 - 3:00

## hearth oven pizza

gluten-free dough available +0.85

Cheese Pizza 9.85
Pepperoni / Sausage Pizza 10.35
Flatbread (Cheese or Meat) 8.00

sandwiches
gluten-free bread available +0.85

## breakfast

served daily until 10:00 am

One Egg Any Style (served with choice of toast)	2.95	Burger (Beef / Turkey / Garden / Spicy Black Bean) 8.50	
Two Eggs Any Style (served with choice of toast)	4.10	Vegetarian Wrap	6.95
Egg Sandwich	4.10	•	<sub>7.65</sub>
Egg & Meat Sandwich	4.80	Turkey, Ham, Corned Beef, Tuna Salad, Chicken Salad, Egg Salad, Classic BLT	
Egg Omelette (add .60 for each additional filling)	5.65	Grilled Cheese	5.55
Two Bacon Strips/Two Sausage Links	1.60	Hot Dog	5.55
Pancakes (2)	3.50	Gourmet Grilled Cheese	7.45
Toast (White / Wheat / Rye / Sourdough)	.65	Tuna Melt	7.75
Gluten-Free Bread	1.25	Grilled Chicken Deluxe	7.75
English Muffin	1.30	Reuben / Rachel	8.00
Bagel & Cream Cheese	2.40	Philly Cheesesteak	8.00
Home Fries / Hash Browns	1.55	Served with your choice of side. Add 1.60 for cup of soup.	

## bakery

Muffin		1.80	Garden Salad	5.75
Cinnamon Bun / Scone / F	Pie	3.10	Classic Chef	8.25
Cookie	1.50 ea	3 for 3.70	Grilled Chicken Caesar	
Cake		4.10	Grilled Chicken Salad	

## beverages

Coffee / Iced Tea / Fountain Drinks	1.80
Specialty Coffee / Hot Cocoa	2.50 - 3.40

## sides

salads

Homemade Soup cup 3.75 bowl 5.40 French Fries, Sweet Potato Fries, 2.60 Onion Rings, Fruit Salad, Applesauce, Coleslaw

To preorder, use online ordering on Uniguest. Reservations required for parties of 5 or more. Call ext. 5678 to make reservations or preorder by

Breakfast 8:00 - 10:00 am, Lunch 11:00 am - 2:00 pm Grab 'n' Go 10:00 - 11:00 am and 2:00 - 3:00 pm

## CAMPUS Inn Music Night

## **CROONER SHOWCASE**

featuring Derek Reed

with the music of Frank Sinatra, Dean Martin, Elvis Presley, and more!



Bacon-Wrapped Salisbury Steak 13.50
Served with mashed sweet potatoes
and green beans.

Chicken & Mushroom Casserole 12.50 over pastry, served with green beans.

Regular menu available.
Reservations required. Call ext. 5656.







## **DINNER SPECIALS**

Includes your choice of: Cup of Soup, Small House or Caesar Salad, Fruit Salad, Side of the Week, Coleslaw, or Applesauce

## MONDAY, FEBRUARY 17 \_\_\_\_\_CLOSED

## TUESDAY, FEBRUARY 18 CHEF'S TABLE FEATURING CHEF CARY

Steak and Potato Soup

## Rosemary & Lemon Chicken Panini 14.00

Chicken panini with Gruyère cheese. Served with sweet potato fries and tomato relish

## Salmon Cakes 14.50

Served with oven roasted potato wedges and green beans

## WEDNESDAY, FEBRUARY 19

🍆 🚱 Roasted Pepper and Smoked Gouda Bisque

### **Baked Chicken Pie 12.00**

Chicken, carrots, celery, onions, and peas baked in a crust

### **Tomato and Herb Crusted Trout 13.50**

Trout crusted with herbs, breadcrumbs, and pan roasted cherry tomatoes. Served with parmesan orzo and grilled asparagus

<sup>\*</sup>Regular Menu Available\*



Consumer Advisory – Thoroughly cooking meats, poultry, seafood, shellfish and eggs reduces the risk of foodborne illness.

## **FEBRUARY 17 – 22**

THURSDAY, FEBRUARY 20
COMFORT FOODS BUFFET 15.00
Reservations suggested. Please call 5656

## Loaded Beef Stew

Beef, carrots, celery, onions, turnips, parsnips, and diced tomatoes in a rich beef sauce

Shrimp Alfredo over Rotini Pasta (Gluten Free Pasta Available)

Vegetarian Option Available (Please Call)

Scalloped Potatoes

Tater Tot Casserole

Creamed Peas

Southern Braised Collard Greens

**Zucchini Bread and Assorted Breads** 

**Assorted Desserts (Gluten Free Available)** 

## FRIDAY, FEBRUARY 21 "ITALIAN BISTRO NIGHT" AT THE CAFÉ

See Café All Day Menu for Details

## SATURDAY, FEBRUARY 22 NO REGULAR MENU

Nasta Fagioli Soup

Italian Sub 7.50

Served with chips and a pickle

Pennsylvania Dutch Ham, Green Beans, and Potatoes 12.00

Served with a dinner roll (gluten free without the roll)

Vegetarian Rigatoni Pasta 11.00
Rigatoni pasta, eggplant, yellow squash, zucchini, sundried tomatoes, and mascarpone tomato cheese sauce. Served with garlic bread \*Gluten free pasta and bread available\*

Side of the Week: Potato Salad Desserts: Boston Cream Pie 3.10
Red Velvet Cake 4.10

<sup>\*</sup>Regular Menu Available\*



Tuesday through Thursday, and Saturday 4:30 – 6:30 pm Closed on Sunday, Monday and Friday. Dinner available in Harmony Café on Friday

## **BEVERAGES**

2.05

Coca-Cola • Diet Caffeine-Free Coke
Sprite • Barq's Root Beer
Minute Maid Lemonade • Ginger Ale
Raspberry Iced Tea • Sweetened Black Tea
Freshly Brewed Unsweetened Iced Tea
Decaf or Regular Coffee
Assorted Hot Tea
Free Refills on all Drinks

## **SOUP & SALADS**

Soup Du Jour Cup 3.75 – Bowl 5.40

Classic Caesar sm. 3.60 lg. 6.70

Chopped romaine, parmesan cheese, croutons and Classic Caesar dressing,

House Salad sm. 3.60 lg. 6.70

Spring mix lettuce, cucumbers, cherry tomatoes, carrots, choice of dressing

### Add Protein To Your Salad

Grilled chicken 3.60 Grilled Salmon 5.00

### SANDWICHES

Served with one side, cup of soup add 1.60 Gluten-free roll add 0.85

Chargrilled Burger 9.30

7 oz Angus beef patty with lettuce, tomato, onion, choice of cheese on a grilled kaiser roll

Bacon Cheddar Burger 12.30

7 oz Angus beef patty with bacon, cheddar cheese, lettuce, tomato, onion, on a grilled pretzel roll

Fried Chicken Sandwich 9.25

Breaded chicken breast with lettuce, tomato, and mayonnaise on a grilled kaiser roll



To place a carry out or delivery order use online ordering through Uniguest or call ext. 5656

Reservations are required for dine-in service for parties of 5 or more. Please call 717-624-5656



## **ENTREES**

Includes two side items and choice of cup of soup, small house or Caesar salad, fruit salad, side of the week, coleslaw, or applesauce.

## Garlic & Sage Rubbed **Pork Chop**

13.25

60z pan-roasted center cut pork chop served with natural jus

### Grilled Chicken Breast

12.35

Garlic & thyme marinated grilled chicken breast

### **Fried Chicken Tenders**

10.80

Breaded chicken tenders, fried golden brown

### Hot Roast Beef with Gravy

12.35

Tender sliced roast beef served with gravy

## Grilled Salmon Filet (6 oz.)

14.50

Fresh Atlantic salmon grilled to order

## Fried Shrimp (6)

14.90

Breaded fried shrimp

### Fresh Catch of the Day (6 oz)

11.50

😱 denotes gluten avoided

## **PASTA**

All pasta served with garlic bread and choice of cup of soup, small house or Caesar salad, fruit salad, side of the week, coleslaw, or applesauce. Gluten-free pasta add 1.70.

### **Angel Hair Pasta with Marinara**

Angel hair pasta, homemade marinara and parmesan cheese

### Angel Hair Pasta with Meat Sauce 11.25

Angel hair pasta, homemade meat sauce and parmesan cheese

### Chicken Parmesan

11.25

9.00

Breaded chicken, angel hair pasta, homemade marinara, mozzarella and parmesan cheese

## SIDES

2.60

Onion Rings French Fries **Sweet Potato Fries** 

- Green Beans
- Steamed Broccoli
- Peas
- Mashed Potatoes
- Baked Potato
- Sweet Potato
- Cinnamon Apples
- Harvard Beets

Macaroni & Cheese

Look For Our Special Side Of The Week On The Specials Menu

## DESSERTS

Slice of Cake 4.10 Slice of Pie 3.10