

VILLAGE Voice

January 17, 2025

National Hat Day!



CROSS KEYS VILLAGE
The Brethren Home Community

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Reminder

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Betsy Liou, Ext. 5144

CKV Sojourners

Island of Coudrés – Canada, May 17 – 23: Deposit \$75 due at sign up - balance due March 5.

Castles of New York, June 17 – 20: Deposit \$75 due at sign up - balance due April 14

Canada/New England Cruise, October 9 – 25:
Contact Doris.Wilkinson@cruiseplanners.com

Western Caribbean Cruise, February 14 – 26, 2026: - FS Group# 2786274 – Contact Buddy Wisner rweiser@ncl.com

All these trips are available to family and friends. Flyers are available on the shelf in the Harmony Ridge mail area.



Village News

Monday, January 20 Martin Luther King Jr. Day Residential Living, Ext. 5411

There will be no U.S. mail delivery on Monday, January 20, for Martin Luther King Jr. Day. All other CKV departments and schedules will remain normal.



Handbook Update George Turner, Ext. 5398 Exec. Director of Residential Living

Hopefully by now everyone has had a chance to pick up a handbook from the Residential Living desk or view a copy on Uniguest. It's hard to believe that we already have updates, but we do! On Monday, January 20, the Uniguest version will be updated to reflect new pages for the Corporate Organization Chart, Residential Living Team Responsibilities, Shear Harmony Price List, and Cross Keys @ Home Service Providers Quick Reference Guide. New paper copies to replace these pages in your printed handbooks will be available at the Residential Living desk. An instruction sheet is included with the paper copies and available on Uniguest to explain more specifics of the changes within the document.



Cancelled Stamp Group Linda Sipe, Ext. 5342

The Canceled Stamp Group thanks everyone who donated stamps this past year. We donated \$5,000 for the digital piano that is now in the Lifespring building. In 2024, we earned an additional \$2,944.

Thank you for your help. Please note, there is a basket in the Harmony Ridge mailbox area marked "Stamps." Please feel free to drop off your envelopes or cancelled stamps in that basket. We wish you a happy new year.



Exciting Updates at the Harmony Cafe Cheryl Ditzler, Ext. 5281 RL Dining Operations Manager

Based on the valuable feedback we received from our Villagers, starting Monday, January 20, you will notice some exciting changes to the Harmony Café specials menu. We will now feature two-day lunch specials, and we've added pancakes to the breakfast menu, perfect for those looking to enjoy a delicious start to their day.

We are continuously looking for ways to enhance your experience at the café and greatly appreciate your feedback as we strive to improve.



2025 Villager Meeting Schedule George Turner, Ext. 5398 Exec. Director of Residential Living

After discussions with Village Council and evaluation of attendance at our Villager Meetings in 2024, we have decided to try to hold these meetings quarterly for 2025. The dates will be February 18, May 20, August 19, and November 18. Meetings will still be held in the Melody Theater beginning at 1:00 pm and televised live along with replays on channel 25 later in the week.



2025 Trivia Dates Kim Korge, Ext. 5272 Memory Support Education Coordinator

Printed listings of the 2025 Trivia dates are located at the bulletin board in Harmony Ridge. Additionally, dates can be found in the Activities module on Uniguest.



Village News

Welcome New Wellness Specialists

Jenn Vintigni, Ext. 5303

Director of Community Wellness

We are pleased to announce the addition of two new members to our Wellness team: Lauren McDonald and Kaitlyn Naylor. Lauren will be responsible for leading classes across campus in areas such as Lifespring, Brookside, personal care, and health care. She holds a degree in exercise science from Towson University and has previously served as a research coordinator at LifeBridge Health, as well as a research assistant at the University of Maryland School of Medicine.

Kaitlyn Naylor is currently pursuing her Bachelor of Arts degree at Southern New Hampshire University through an online program. She is also a certified personal trainer through the International Sports Sciences Association (ISSA). Both Kaitlyn and Lauren are eager to engage with our community members. We encourage everyone to visit the Wellness office to welcome them to our Village.

Additionally, Erika Lucas will be transitioning into the role of Engagement Specialist at our Lifespring Adult Day Center over the next few weeks. We extend our heartfelt appreciation for the dedication, effort, and passion that Erika has contributed to our Village over the past year and a half.



CORRECTION: Bridge Scores for December

1st 2970 Charlotte Glessner & Doris Wolf
2nd 2560 Jackie Boisvert & Nancy Mallon

\$32.00 was donated to the Good Samaritan Fund.



Gallery East Exhibit: Diamond Art Group

Kathy Tomlinson, Ext. 5930

We're again beginning a new year with our Diamond Art Group exhibit, open throughout January and the first half of February.

One of our many talented groups on campus has quickly grown as the interest in working with these amazing little beads has taken off! You will have seen pieces of this lovely medium featured in the "Avenue of the Arts" themed exhibits.

This show has 14 participants— possibly one of your Village neighbors!

The group will welcome you to join them— even just to see how it's done! They meet twice each month on the first and third Thursday in the Creative Arts Room.

Very few are for sale, but if you are interested in one, please contact the artist directly— numbers are posted.



Grocery Bags Needed Katie Hollabaugh, Ext. 5203 HR Engagement Coordinator

We will once again be offering several giveaways to our team this year and are looking for handled paper grocery bags. If you have any that you would like to donate, please place them in the donation box located near the mailboxes in Harmony Ridge. Thank you, as always, for your continued generosity and support of our team!



Village News



GriefShare Returns to CKV Pastor Linda Titzell, Ext. 5580

Processing the grief that follows the death of a spouse, child, family member, or friend is not something we can neglect or rush. Whether recent or distant, grief that is left unaddressed can cause serious harm to our mental, physical, spiritual, and emotional health.

Join Pastor Linda Titzell on **Thursdays from February 27 through May 29 from 10:00 to 11:30 am** in the Nicarry Meetinghouse for the spring 2025 session of GriefShare, a nondenominational program featuring biblical concepts for healing. Each session is “self-contained.” You will be able to pick up if you miss a session or two. And be assured that whatever is shared during a session will remain confidential.

GriefShare is open to Villagers and neighbors from the greater community. Class size is limited for this free program. Registration is preferred by February 20. Please call 717-624-5253 or visit www.crosskeysvillage.org/griefshare to register for the class or address any questions.



Volunteers Needed Cindy Boyer, Ext. 5227 Volunteer Services

Volunteer Services is looking for the following:

- Help with a variety of opportunities in Lifespring, the new adult day program opening. These volunteers can also volunteer in Personal Care & Brookside.
- Play piano or make friendly visits in the Healthcare Somerset Neighborhood. This is a dementia neighborhood.
- Transport Sun Valley Healthcare residents to and from Peace Valley Lounge for Sunday morning church services. The time commitment would be 9:30 to 10:30 am.
- Personal Care on Monday afternoons from 1:00 to 2:30 pm to help with one of their cooking groups. Volunteers would be allowed to stay longer and help with other activities/play games.
- Personal Care on Tuesday mornings from 9:45 to 10:45 am to help with craft groups.
- Personal Care on Wednesday afternoons from 1:00 to 2:00 pm to help with art and/or crafting. Volunteers would be allowed to stay longer and help with other activities/play games.

You must be a registered volunteer to fill these needs. If you are not registered, Volunteer Services will work with you on the necessary steps. To volunteer in healthcare, you must read and sign the healthcare education packet and not volunteer in another clinical area (i.e. Personal Care or Brookside). Please contact Cindy Boyer at 717-624-5227 with any questions.



4 Ways to Love Like Martin Luther King, Jr.

Pastor Linda Titzell, Ext. 5580

- 1) Love society's "others." - Dr. King practiced nonviolence and showed love to those who opposed him, but he also had a deep and abiding love for those who were marginalized by race and poverty. The work that he did was driven by that love. Pastor Jacqui Lewis recommended understanding the roots of Christianity as a way toward loving those seen as the "others" in society, saying, "Christianity begins in 'otherness.' Jesus was born a brown, Palestinian, poor Jewish baby living in oppression. If we don't start there, understanding that Jesus was an outsider, we don't end in love."
- 2) Get a "Mountaintop Consciousness." - The last speech Dr. King made before he was assassinated is often called "The Mountaintop Speech." In that speech, he says that God allowed him to climb the mountain of racism and oppression and look over it to the Promised Land and the "glory of the coming of the Lord." Human rights advocate Ruby Sales said we must move to a "mountaintop consciousness," setting our sights on God's higher consciousness, and she quotes the Psalmist, "Give me a clean heart and renew a right spirit in me." That's a call to action!
- 3) Love as a spiritual discipline. - Dr. King's love

wasn't just a feeling of goodwill; it manifested in action on behalf of those in need. To love like Dr. King, Dr. Simran Jeet Singh says that our hearts must be in our hands and feet so that our feelings of love turn into deeds. "You don't wake up fighting hate with love. It's a spiritual practice about curating your ethical self on a daily basis." He explains the spiritual discipline of anti-racism as "a commitment to educate ourselves on the issues of the oppressed." With daily work and engagement, loving like Dr. King becomes a part of who we are and how we practice our faith.

- 4) Prioritize self-love. - Dr. King fought for himself too and often risked his life. Community activist Debbie Almontaser says, "You don't tell yourselves enough, 'you are great, you have a purpose.'" Showing yourself love is necessary in a world that may tell you that you don't deserve love. Remembering that you are made in God's image and that God loves you empowers you to continue to fight for love for yourself and for a better, loving, just world for everyone.

(excerpts from Brooke Obie in Guideposts)

Upcoming Activities

MON

JAN

20

Good News Group

Larry Gladfelter, Ext. 6683

10:30 am

No sign up necessary

Theater

The Villager-led Good News Group is presenting the ministry of Pastor Gary Hamrick of Cornerstone Chapel, Leesburg, VA. Meeting together and watching the programs will deepen your understanding of God's Word and foster good fellowship. Our next presentation will be Genesis chapters 20 and 21.

SUN

JAN

26

Sunday Movie Matinee:

"The Monuments Men"

Dave Peters, Ext. 5539

Villager Movie Group

2:00 - 4:00 pm

No sign up necessary

Theater

"The Monuments Men" is a historically accurate action drama about an unlikely World War II platoon tasked with going into Germany to recover artistic masterpieces from Nazi thieves. It was a seemingly impossible mission with the art trapped behind enemy lines and with the German army under orders to destroy everything as the Reich fell. How could these guys - seven museum directors, curators, and art historians all unfamiliar with combat - hope to succeed? But as they found themselves in a race against time to avoid the destruction of 1000 years of culture, they would risk their lives to protect and defend some of mankind's greatest achievements in art. The movie correctly highlights the role of Rose Valland, a French art historian who secretly recorded the Nazis' looting activities.

"The Monuments Men" will be shown with closed captioning and is rated PG-13 for some images of war violence.

MON

FEB

3

Lunch at AKI Japanese

Restaurant

Jackie Boisvert, Ext. 5865

CKV Sojourners

Depart: Union Square at 11:30 am

Sign up in Harmony Ridge Lobby

Deadline: Wednesday, January 26

The LEC invites you to board the bus and travel to the Japanese Restaurant where we will sit around the hibachi and be entertained by the chefs.

Hibachi choices: chicken, scallops, shrimp; filet mignon; and is served with clear soup or house salad with ginger dressing; and a choice of fried or white rice.

THUR

FEB

6

Jazz History

Bob Wilson, 706-614-8954

1:30 pm

Sign up in Uniguest or Harmony Ridge Lobby

Theater

Few names are as synonymous with the swing era as the legendary Count Basie. Our next Jazz History session will showcase Basie as well as the stars who made up his band, including Lester Young on sax and blues singer Joe Williams.

FRI

FEB

7

Johnny Cash Biopic:

"Walk the Line"

Charlie Herr, Ext. 5725

Villager Movie Group

6:00 - 8:15 pm

No sign up necessary

Theater

Following up the "Cash Only" Johnny Cash Tribute Concert earlier, the Villager Movie Group presents "Walk the Line," a movie based on two autobiographies by the American singer-songwriter Johnny Cash: Man in Black: His Own Story in His Own Words (1975) and Cash: The Autobiography (1997). It stars Joaquin Phoenix as Cash, Reese Witherspoon as Carter, Ginnifer Goodwin as Cash's first wife, Vivian Liberto, and Robert Patrick as Cash's father. Rated PG-13 for language and drug abuse themes; subtitles.

Upcoming Activities

TUES
FEB
11

Lincoln's Love for Pennsylvania

Nikki Bull, Ext. 5294
Life Enrichment Specialist

11:00 am - 12:15 pm Theater
Sign up in Uniguest or Harmony Ridge Lobby

James Hayney is a veteran actor with a lifelong fascination with the sixteenth president. His credentials include performing in over 100 stage plays across the country and acting in numerous TV films and commercials. He is a life member of the National Association of Abraham Lincoln Presenters. In his presentation "Lincoln's Love for Pennsylvania," President Lincoln will discuss his deep Pennsylvania roots and reasons why it is his personal "Keystone State."

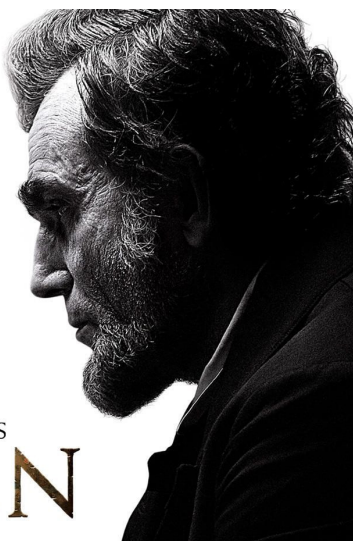
TUES
FEB
11

Special Movie Showing: "Lincoln"

Nikki Bull, Ext. 5294
Life Enrichment Specialist

2:00 - 4:30 pm Theater
No sign up necessary

This inspiring and revealing drama focuses on the sixteenth president's tumultuous final four months in office as this visionary leader pursues a course of action to end the Civil War and unite the country. "Lincoln" sheds light on a man of moral courage and fierce determination. This movie stars Academy Award winners Daniel Day-Lewis, Sally Field, and Tommy Lee Jones. Rated: PG-13.



A STEVEN SPIELBERG FILM
DANIEL DAY-LEWIS
LINCOLN

WED
FEB
12

Villager Movie Group Monthly Meeting

Loretta Most, Ext. 5969
Charlie Herr, Ext. 5725

10:00 am Harmony Café
No sign up necessary

This meeting will discuss the March movie schedule and our efforts to provide Villagers with a source of weekend entertainment. The group also welcomes members who want to be part of presenting movies in the theater. Please consider joining this group's efforts to offer entertainment for Villagers. We will provide the necessary training for the theater movie presentation. If you play DVDs now, you already know most of the instruction. In the meantime, you can also contact us at our Sunday movie showings.

WED
FEB
12

Figure & Character Drawing

Monte Leister, Ext. 5293
Life Enrichment Specialist

10:00 am - 12:00 pm Art Education Studio
Sign up in Uniguest or Harmony Ridge Lobby

More cartooning. Focus on drawing characters and expressions from Walt Kelly's POGO and on creating new cartoon characters from animals and inanimate objects.

THUR
FEB
13

Valentine Fingerpainting with Children in Bloom

Nikki Bull, Ext. 5294
Life Enrichment Specialist

9:30 - 10:15 am Art Education Studio
Sign up in Uniguest or Harmony Ridge Lobby

Children in Bloom will be returning to our CKV campus to collaborate on a special Valentine's art project. This event offers a wonderful opportunity for children to create beautiful artwork while making cherished memories with their grandfriends. Join us for a morning filled with creativity, connection, and heartwarming moments as we celebrate Valentine's Day together.

Upcoming Activities

THUR

FEB

13

Inside Lincoln's Fascinating Mind

Nikki Bull, Ext. 5294
Life Enrichment Specialist

2:00 pm Encore Room
Sign up in Uniguest or Harmony Ridge Lobby

Mr. Lincoln thought a great deal—in the woods, in his buggy, on a horse, in his office, on his walks around the White House, and elsewhere. Mary Todd Lincoln (Villager Lisa Vriezen) narrates for us the most important thoughts Lincoln wrote on scraps of paper that were tucked neatly away in his top hat or in his desk. These handwritten notes are still with us today and reveal the complexity and agility of how his mind worked and why he is still ranked as the number one president of all time.

THUR

FEB

13

Valentine's Day Candygrams

Mike Goodling, 717-781-4967
The Friends of CKV

10:00 am - 12:00 pm Garden Room
Deadline to order: Friday, January 31

The Friends of CKV is once again sponsoring Candygrams for Valentine's Day. Surprise your special someone, friend, or colleague with a special treat. Watch your mailbox for an order form.

This year we are offering red carnations in addition to Hershey bars, Reese's Peanut Butter Cups, and peanuts. All proceeds are used to support projects benefiting Cross Keys residents and team members. By participating in this fundraiser, not only do you put a smile on someone's face now but also in the future!

Orders are due by Friday, January 31. Orders will be available for pick-up on Thursday, February 13. Campus delivery will be Friday morning, February 14.

MON

FEB

10

Shopping at Boscov's, Lunch at Cracker Barrel

Barb Reeve, Ext. 8067

Depart: Union Sq/Campus Inn at 10:15 am
Return to CKV: Approx 4:00 pm
Sign up in Harmony Ridge Lobby
Deadline: Wednesday, February 5

Join us for our shopping trip to Boscov's and Cracker Barrel for lunch. Panera Bread and Barnes & Noble are just a couple of the other stores in the shopping center.

Reminder

TUES

JAN

28

Visiting Angels Presentation

Jennifer Knight, Ext. 5223
Dir of Village Health Services

11:00 am Theater
Sign up in Uniguest or Harmony Ridge Lobby

Join us for a vital discussion on caregiving, where we'll define who caregivers are and share key statistics about caregiving in America. We'll explore caregiver stress and its impact, emphasizing the importance of self-care. This session will provide practical recommendations to reduce and prevent caregiver burnout, along with actionable tips for personal well-being, including incorporating the 5 Domains of Wellness into our everyday activities. This presentation aims to empower caregivers with the tools they need to sustain their health while supporting others.

Activities Calendar

Shopping Trips

TUES
JAN
21

Weis Market
9:00 am
Sign up by 1/20, Harmony Ridge

THUR
JAN
23

Walmart & PNC Bank
9:00 am
Sign up by 1/22, Harmony Ridge

TUES
JAN
28

Giant & Aldi
9:00 am
Sign up by 1/27, Harmony Ridge

Events

FRI
JAN
17

Pinewood Derby Information Session
1:00 pm
Art Education Studio

SAT
JAN
18

Winter Tea Party
1:00 pm
Garden Room
Cost: \$28/person
Sign up Uniguest or Harmony Ridge Lobby

MON
JAN
20

Good News Group
10:30 am
Theater

**Midwinter Musical Series:
"The Lion King"**
1:30 pm
Theater
2h, Rated PG

MLK Jr Celebration Bus Trip
Depart Campus Inn at 5:40 pm
Sign up Harmony Ridge Lobby
Deadline Monday, January 13

TUES
JAN
21

Reflection-Inward
9:30 am
Presto Room
Sign up Uniguest or Harmony Ridge Lobby

Illustration Basics in Colored Pencil
10:00 am - 12:00 pm
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby

Catholic Mass
10:00 am
Nicarry Meetinghouse

Travel Tours
11:00 am
Theater

Village Diversity Group
12:00 - 1:30 pm
Encore Room

Illustration Basics in Colored Pencil
1:00 - 3:00 pm
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby

WED
JAN
22

Parx Casino Bus Trip
Depart Union Sq/Campus Inn 10:00 am
Return approx. 4:00 pm
Sign up Harmony Ridge Lobby by 1/8

Guesswork
11:00 am
Encore Room
Sign up Uniguest or Harmony Ridge Lobby

THUR
JAN
23

Guesswork
11:00 am
Encore Room
Sign up Uniguest or Harmony Ridge Lobby

President/CEO Meet & Greet
1:00 - 3:00 pm
Garden Room

Activities Calendar

FRI
JAN
24

Hearing Screening for Villagers
9:00 - 11:00 am
Presto Room
Sign up in Harmony Ridge Lobby

Art Exhibit Opening:
“That’s Amore”
12:00 - 2:00 pm
Avenue of the Arts

Megan Alder in Concert
2:00 pm
Theater
Sign up Uniguest or Harmony Ridge Lobby

SUN
JAN
26

Sunday Movie Matinee:
“The Monuments Men”
2:00 - 4:00 pm
Theater

MON
JAN
27

Midwinter Musical Series:
“My Fair Lady”
1:30 pm
Theater
2h 52m, Rated G

TUES
JAN
28

Visiting Angels Presentation
11:00 am
Theater
Sign up Uniguest or Harmony Ridge Lobby

Village Trivia
2:00 - 4:00 pm
Encore Room

WED
JAN
29

Figure & Character Drawing
10:00 am - 12:00 pm
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby

Masquerade Mask Making
1:00 - 3:00 pm
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby

Lunar New Year Movie:
“Flower Drum Song”
2:00 - 4:15 pm
Theater

THUR
JAN
30

Culinary Innovations
11:00 am
Gathering Room
Cost: \$17/person
Sign up Uniguest or Harmony Ridge Lobby

SUN
FEB
2

Sunday Movie Matinee: “Michael”
2:00 - 3:46 pm
Theater
Rated PG

MON
FEB
3

Lunch at AKI Japanese Restaurant
Depart Union Sq at 11:30 am
Sign up Harmony Ridge Lobby
Dealine Wednesday, January 26

TUES
FEB
4

WellSpan Presentation
2:00 pm
Theater

WED
FEB
5

Heart-Shaped Basket Class
9:30 am - 12:00 pm
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby

THUR
FEB
6

Heart-Shaped Basket Class
9:30 am - 12:00 pm
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby

Jazz History
1:30 pm
Theater
Sign up Uniguest or Harmony Ridge Lobby

FRI
FEB
7

Cash Only: Johnny Cash Tribute Band
3:00 pm
Theater
Sign up Uniguest or Harmony Ridge Lobby

Pop-Up Movie: “Walk the Line”
6:00 - 8:15 pm
Theater
Rated PG-13

Activities Calendar

SAT
FEB
8
Sadie Hawkins Masquerade Dance
2:00 - 5:00 pm
Nicarry Meetinghouse
Tickets available at Residential Living Desk

SUN
FEB
9
Sunday Movie Matinee:
“Larry Crowne”
2:00 - 3:39 pm
Theater
Rated PG-13

MON
FEB
10
Shopping at Boscov’s, Lunch at Cracker Barrel
Depart: Union Sq/Campus Inn at 10:15 am
Sign up Harmony Ridge Lobby
Deadline: Wednesday, February 5

TUES
FEB
11
Lincoln’s Love for Pennsylvania
11:00 am - 12:15 pm
Theater
Sign up Uniguest or Harmony Ridge Lobby
Movie Showing: “Lincoln”
2:00 - 4:30 pm
Theater
Rated PG-13

WED
FEB
12
Figure & Character Drawing
10:00 am - 12:00 pm
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby
Villager Movie Group Meeting
10:00 am
Harmony Café

THUR
FEB
13
Valentine Fingerpainting with Children in Bloom
10:00 - 10:45 am
Art Education Studio
Sign up Uniguest or Harmony Ridge Lobby
Mary Todd Lincoln Presentation
2:00 pm
Encore Room
Sign up Uniguest or Harmony Ridge Lobby

FRI
FEB
14
Valentine’s Day Movie:
“A Good Year”
2:00 - 3:58 pm
Theater
Rated PG-13

SUN
FEB
16
Sunday Movie Matinee:
“A Joyful Noise”
2:00 - 3:58 pm
Theater
Rated PG-13

TUES
FEB
18
Reflection-Inward
9:30 am
Presto Room
Sign up Uniguest or Harmony Ridge Lobby
Villager Meeting
1:00 pm
Theater

SUN
FEB
23
Sunday Movie Matinee:
“Julie & Julia”
2:00 - 4:03 pm
Theater
Rated PG-13

TUES
FEB
25
Village Trivia
2:00 - 4:00 pm
Encore Room

FRI
FEB
28
Pinewood Derby Race
10:00 am - 3:00 pm
Avenue of the Arts
See Monte Leister to sign up

SAT
MAY
17
Canadian Island Bus Trip
May 17 - 23
Depart Union Sq at 8:00 am

The content of programs may not represent the beliefs and opinions of the Church of the Brethren or the CKV organization.

Channel 25 Programming

Monday, January 20

- 9:30am PurEnergy w/Erika
- 10:00am Cabbage & Beef Skillet Meal – Hillbilly Kitchen
- 11:00am Let's Paint a Tree Frog Together w/Acrylics
- 12:00pm A Football Life – Lawrence Taylor
- 1:00pm PurEnergy w/Erika
- 2:00pm How Hot Air Balloon Pilots Conquer the Skies

Tuesday, January 21

- 9:30am Tai Chi w/Brittany
- 10:00am The Few Against the Many – The History Guy
- 10:30am Modern Marvels: Deadliest Weapons
- 11:30am 8-Year-Old Girl Paints Messages from Jesus
- 12:00pm 15 Most Amazing Kites
- 12:30pm Reverse Cavities at Home – Barbara O'Neill
- 1:00pm Tai Chi w/Brittany
- 2:00pm Breaking the Chains: India's Forgotten People

Wednesday, January 22

- 9:30am Fitness Fusion w/Erika
- 10:00am How Himalayan Pink Salt is Mined
- 11:00am Webs of Intrigue
- 12:00pm Reviving Laos' Silk Weaving Tradition
- 1:00pm Fitness Fusion w/Erika
- 2:00pm Church Service (replay)

Thursday, January 23

- 9:30am PurEnergy w/Brittany
- 10:30am How Ice Cream is Made in a Mega Factory
- 11:30am Eggplant Farming in Zambia
- 12:30pm TED Talks – How to Spot a Liar
- 1:00pm PurEnergy w/Brittany
- 2:00pm Fly Fishing the Most Boring State in America

Friday, January 24

- 9:30am Chair Yoga w/Erika
- 10:30am Control Pain & Heal Faster
- 11:30am The Mystery of Hidden Canyon
- 12:00pm The Lost History of North America
- 1:00pm Chair Yoga w/Erika
- 2:00pm Megan Alder in Concert - **Broadcasted**

January 20 – January 26

Saturday, January 25

- 8:30am A Wildlife Odyssey – Southeast Asia
- 10:00am Secrets of Nature: Our Planet
- 11:30am Secrets of the Octopus
- 1:00pm The Epic Rivalry That Forged a Nation
- 3:30pm Why Did So Many Ancient Civilizations Collapse at the Same Time?
- 6:00pm Different Drummers – Adventure movie
- 8:00pm Symphonic Rock Show

Sunday, January 26

- 8:00am Cornerstone Chapel – Spreading the Fragrance
- 10:00am Church Service Broadcast from Nicarry
- 11:30am Billy Brahan: An Extraordinary Journey
- 2:30pm Psalms, Hymns & Spiritual Songs
- 4:30pm Church Service (replay) from January 19
- 6:00pm The Book of Numbers movie
- 7:00pm Gaither – Count Your Blessings 2024

**Watch In Touch every weekday
- live at 8:30 am and replayed at
3:00 pm & 8:30 pm.**

For questions or requests related to Channel 25 programming, please contact
Cindy Hockensmith, Communications Coord.
at Ext. 5416 or email
c.hockensmith@crosskeysvillage.org

Schedule subject to change

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breakfast

8:00 - 10:00 am

mon

Donut French Toast
with bacon
6.95

tues

 Veggie Bowl
Scrambled eggs,
zucchini, yellow
squash, mushrooms,
tomatoes, and
shredded cheese
served over tater
tots 7.00



wed

thur

Quiche with
spinach, ham, and
Swiss cheese.
Served with fresh
fruit 6.95

fri


sat

soup

Cheeseburger

 Carrot Ginger
Bisque Garnished
with Fried Onions

 Chicken Corn

 Beef Peperonata
(Beef and Bell
Pepper Soup)

Chicken Tortilla

French Onion

lunch

11:00 am - 2:00 pm

Waldorf Salad 8.00
Spring mix, apples, grapes,
walnuts, diced celery, blue
cheese, and balsamic dressing

Fried Fish Sandwich 9.00
Lettuce and tarter sauce on a
brioche roll

Oyster Po Boy 8.75
Lettuce, tomato, onion, and
mayo on a sub roll 8.75

Coconut Shrimp Salad 8.50
Romaine, mandarin oranges,
almonds, roasted red peppers,
cucumbers, and mint

Turkey Pesto Wrap 8.00
In a flour tortilla with Boursin
cheese, red peppers and
spring mix lettuce

Southwest Chicken Salad 8.25
Spring mix with diced tomato,
black beans, cheddar cheese,
tortilla strips, and spicy ranch

coffee

Butter Pecan

smoothie

Orange Peach
Soy milk, vanilla yogurt,
peaches, and oranges

**EVERYDAY
SUPERFOODS**

side

Cheddar, Bacon, and Pea
Pasta Salad

hearth oven

Crab Pizza 12.00

Chili Dip with Cornbread 7.50

bakery

Apple Muffin 1.80

Peach Coffee Cake 2.80

desserts

Apple Pie 3.10

Tiramisu 4.10

Café

ALL DAY

Friday, January 24

Breakfast: 8:00 – 10:00 am
Grab 'n' Go: 10:00 – 11:00 am
Lunch: 11:00 – 2:00 pm
Grab 'n' Go: 2:00 – 3:00 pm
Dinner: 4:30 – 6:30 pm

Grab 'n' Go selections also available during dining hours.

To place a carry out order or preorder use Online Ordering through Uniguest or call ext. 5678. Reservations required for dine-in service for parties of 5 or more. Call ext. 5678 for reservation.



Breakfast



Quiche with spinach, ham, and Swiss cheese. Served with fresh fruit 6.95

Lunch

Southwest Chicken Salad 8.25

Turkey Pesto Wrap 8.00


Dinner "Greek Night"



Greek Salad Bar  
Romaine, kalamata olives, feta cheese, pepperoncini, stuffed grape leaves, lemon and oregano vinaigrette, hummus, and mini grilled flat bread dippers (included with meal)

Classic Gyro 9.00
Sliced lamb topped with lettuce, tomato, and tzatziki sauce in a warm naan

Greek Crab Cakes over a lemon thyme tomato salad (gluten free available) 14.00

Chicken Souvlaki  12.00
Grilled herb-marinated chicken skewers served over citrus rice

Moussaka  12.00
Eggplant lasagna with lamb in a red sauce topped with white sauce and halloumi cheese

All entrees served with roasted Greek vegetables (squash, tomatoes, olives, carrots, and red onion) tossed with olive oil and herbs  



mon - sat
8:00 - 3:00

hearth oven pizza

gluten-free dough available +0.85

Cheese Pizza	9.85
Pepperoni / Sausage Pizza	10.35
Flatbread (Cheese or Meat)	8.00

breakfast

served daily until 10:00 am

One Egg Any Style (served with choice of toast)	2.95
Two Eggs Any Style (served with choice of toast)	4.10
Egg Sandwich	4.10
Egg & Meat Sandwich	4.80
Egg Omelette (add .60 for each additional filling)	5.65
Two Bacon Strips/Two Sausage Links	1.60
Pancakes (2)	3.50
Toast (White / Wheat / Rye / Sourdough)	.65
Gluten-Free Bread	1.25
English Muffin	1.30
Bagel & Cream Cheese	2.40
Home Fries / Hash Browns	1.55

sandwiches

gluten-free bread available +0.85

Burger (Beef / Turkey / Garden / Spicy Black Bean)	8.50
Vegetarian Wrap	6.95
Cold Sandwiches	Sm 6.15 Lg 7.65
Turkey, Ham, Corned Beef, Tuna Salad, Chicken Salad, Egg Salad, Classic BLT	
Grilled Cheese	5.55
Hot Dog	5.55
Gourmet Grilled Cheese	7.45
Tuna Melt	7.75
Grilled Chicken Deluxe	7.75
Reuben / Rachel	8.00
Philly Cheesesteak	8.00
Served with your choice of side. Add 1.60 for cup of soup.	

bakery

Muffin	1.80
Cinnamon Bun / Scone / Pie	3.10
Cookie	1.50 ea 3 for 3.70
Cake	4.10

salads

Garden Salad	5.75
Classic Chef	8.25
Grilled Chicken Caesar	
Grilled Chicken Salad	

beverages

Coffee / Iced Tea / Fountain Drinks	1.80
Specialty Coffee / Hot Cocoa	2.50 - 3.40

sides

Homemade Soup	cup 3.75 bowl 5.40
French Fries, Sweet Potato Fries, Onion Rings, Fruit Salad, Applesauce, Coleslaw	2.60

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Call ext. 5678 to make reservations or preorder by phone.

Breakfast 8:00 - 10:00 am, Lunch 11:00 am - 2:00 pm
Grab 'n' Go 10:00 - 11:00 am and 2:00 - 3:00 pm

CAMPUS
Inn

Music Night

featuring music by

Danny Dolan

Butternut Squash and Apple Soup 🍃 🍷

Sauerbraten 12.50

German beef pot roast,
served with spaetzle (German pasta)
and braised purple cabbage

PA Dutch Slippery Pot Pie 12.00

Cherry Cobbler 3.10

Tuesday, January 28

4:30 - 6:30 pm

Reservations required. Call ext. 5656.

DINNER SPECIALS


Includes your choice of:
Cup of Soup, Small House or Caesar Salad, Fruit Salad, Side of the Week, Coleslaw, or Applesauce


MONDAY, JANUARY 20

Closed

TUESDAY, JANUARY 21 Chef's Table by Michael

 **Carrot Ginger Bisque Garnished with Fried Onions**

 **Classic Vietnamese Pho 12.00**
Vietnamese rice noodle bowl with beef, onions, sprouts, scallions, cilantro, basil, and lime in a beef broth

 **Chicken Marsala 12.00**
Grilled chicken with a mushroom marsala sauce over rice, with a side of peas



Regular Menu Available

WEDNESDAY, JANUARY 22

 **Chicken Corn Soup**

Crab Stuffed Flounder with Pesto Cream Sauce 16.50

Served with oven roasted potatoes and zucchini and yellow squash sauté (Gluten Free available)

  **Stuffed Portobello Mushroom 13.50**
Portobello mushroom with sundried tomatoes, spinach, lentils, and fresh mozzarella cheese over polenta

Regular Menu Available

 denotes gluten avoided
 denotes vegetarian


Consumer Advisory – Thoroughly cooking meats, poultry, seafood, shellfish and eggs reduces the risk of foodborne illness.


To Place A Carry Out Order Or To Preorder, Use Online Ordering Through Uniguest Or Call Ext. 5656

JANUARY 20 - 25

THURSDAY, JANUARY 23

 **Beef Peperonata (Beef and Bell Pepper Soup)**

 **Ham Loaf 13.00**
Served with mashed potatoes and buttered corn

 **Citrus-Honey-Soy Glazed Tilapia 12.75**
Baked tilapia with a citrus honey soy glaze served with a baked sweet potato and roasted broccoli

Regular Menu Available


FRIDAY, JANUARY 24 GREEK NIGHT AT THE CAFÉ

Refer to Café All Day For Menu Details


SATURDAY, JANUARY 25 NO REGULAR MENU

French Onion Soup

Teriyaki Chicken 12.35

 Grilled teriyaki chicken breast topped with peach teriyaki sauce. Served with jasmine rice and sugar snap peas

Potato Crusted Grouper 13.50

 Served with spaghetti squash with roasted red peppers and asparagus tips

Open Face Roast Beef Sandwich 11.00

Texas toast topped with roast beef and gravy. Served with French fries

Side of the Week: Cheddar, Bacon, and Pea Pasta Salad

Desserts: Apple Pie 3.10
Tiramisu 4.10

CAMPUS Inn

Tuesday through Thursday, and Saturday 4:30 – 6:30 pm
Closed on Sunday, Monday and Friday.
Dinner available in Harmony Café on Friday

BEVERAGES

2.05

Coca-Cola • Diet Caffeine-Free Coke
Sprite • Barq's Root Beer
Minute Maid Lemonade • Ginger Ale
Raspberry Iced Tea • Sweetened Black Tea
Freshly Brewed Unsweetened Iced Tea
Decaf or Regular Coffee
Assorted Hot Tea
Free Refills on all Drinks

SOUP & SALADS

Soup Du Jour Cup 3.75 – Bowl 5.40

Classic Caesar sm. 3.60 lg. 6.70
Chopped romaine, parmesan cheese, croutons
and Classic Caesar dressing,

House Salad sm. 3.60 lg. 6.70
Spring mix lettuce, cucumbers, cherry tomatoes,
carrots, choice of dressing

Add Protein To Your Salad

Grilled chicken 3.60
Grilled Salmon 5.00

SANDWICHES

Served with one side, cup of soup add 1.60
Gluten-free roll add 0.85

Chargrilled Burger 9.30
7 oz Angus beef patty with lettuce, tomato,
onion, choice of cheese on a grilled kaiser roll

Bacon Cheddar Burger 12.30
7 oz Angus beef patty with bacon, cheddar
cheese, lettuce, tomato, onion, on a grilled
pretzel roll

Fried Chicken Sandwich 9.25
Breaded chicken breast with lettuce, tomato,
and mayonnaise on a grilled kaiser roll



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use online ordering through
Unigest or call ext. 5656

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parties of 5 or more. Please call 717-624-5656

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reduces the risk of foodborne illness.

CAMPUS Inn

ENTREES

Includes two side items and choice of cup of soup, small house or Caesar salad, fruit salad, side of the week, coleslaw, or applesauce.

-  **Garlic & Sage Rubbed Pork Chop** **13.25**
6oz pan-roasted center cut pork chop served with natural jus
-  **Grilled Chicken Breast** **12.35**
Garlic & thyme marinated grilled chicken breast
- Fried Chicken Tenders** **10.80**
Breaded chicken tenders, fried golden brown
-  **Hot Roast Beef with Gravy** **12.35**
Tender sliced roast beef served with gravy
-  **Grilled Salmon Filet (6 oz.)** **14.50**
Fresh Atlantic salmon grilled to order
- Fried Shrimp (6)** **14.90**
Breaded fried shrimp
-  **Fresh Catch of the Day (6 oz)** **11.50**

 denotes gluten avoided

PASTA

All pasta served with garlic bread and choice of cup of soup, small house or Caesar salad, fruit salad, side of the week, coleslaw, or applesauce. Gluten-free pasta add 1.70.

Angel Hair Pasta with Marinara **9.00**
Angel hair pasta, homemade marinara and parmesan cheese

Angel Hair Pasta with Meat Sauce **11.25**
Angel hair pasta, homemade meat sauce and parmesan cheese

Chicken Parmesan **11.25**
Breaded chicken, angel hair pasta, homemade marinara, mozzarella and parmesan cheese

SIDES

2.60

- Onion Rings
- French Fries
- Sweet Potato Fries
-  Green Beans
-  Steamed Broccoli
-  Peas
-  Mashed Potatoes
-  Baked Potato
-  Sweet Potato
-  Cinnamon Apples
-  Harvard Beets
- Macaroni & Cheese
- Look For Our Special Side Of The Week On The Specials Menu

DESSERTS

- Slice of Cake 4.10
- Slice of Pie 3.10