Volume 24, Number 2

# ÉLAGE 6102

January 10, 2025

CROSS KEYS VILLAGE The Brethren Home Community

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Welcome to our new Villager!

Kenneth & Peggy Warner moved from Hanover to 62 York Drive. Their phone number is 717-624-3364.

Ellen Stickles moved from Manchester, MD to 610 Harmony Dr. Apt 209. Her phone number is 443-375-6259.

# Village News

#### 2024 Volunteer Hours Due Cindy Boyer, Ext. 5227 Volunteer Services Manager

Please submit your 2024 volunteer hour totals to Cindy Boyer as soon as possible. If you need any assistance, please contact Cindy.



#### Making Gifts via a Gift Annuity Don Wilkinson, Ext. 6497 Foundation Department

Did you know that you can make a lifetime gift to a family member or friend using a charitable gift annuity? While often a gift annuity is set up to provide income to the person(s) who establish the annuity, it is possible to "make a lifetime gift" to someone else using this giving arrangement. Here is an example of how this can work.

Mr. and Mrs. Jones want to provide a gift to their son, daughter, or other person and have them receive the gift, for example, on their birthday. So, they establish a gift annuity and designate that person as the recipient of the annuity payments. They designate that the payment is to be made to the beneficiary on that person's birthday. Mr. and Mrs. Jones receive a charitable deduction for establishing the annuity, and their beneficiary designee receives a "birthday gift" annually from them. Or the payment could be set up to be made at Christmas so that the beneficiary gets a "Christmas present" from them each year for the remainder of the beneficiary's life.

We have had folks do both types of arrangements and thus give lifetime gifts to a family member or friend. If you would like more information about this type of gift arrangement, please contact the Foundation office.



#### Sprinkler Inspections Brian Lawrence, Ext. 5428 Director of Village Housing

BFPE, a CKV fire safety contractor, will be on campus from Tuesday, January 14, through Thursday, January 16, to complete our semi-annual sprinkler testing. The inspections will be conducted in Harmony Ridge, all Hearthside buildings, Brookside, and Mission Point during normal business hours.

We do not anticipate the need to enter any homes, but the Maintenance Team will reach out to individual Villagers should this become a necessary step.

While we strive to have minimal impact on residents during testing, unexpected alarms are always possible because of testing. Residents and team members in all areas of the campus are expected to treat every alarm as a real emergency, even during testing. Any questions concerning the testing can be directed to the Maintenance Team at ext. 5291.

Thank you for your contribution to keeping the CKV campus safe.



### **Bridge Scores for December**

1st 2970 Charlotte Glessner2nd 2560 Jackie Boisvert & Nancy Mallon

\$32.00 was donated to the Good Samaritan Fund.



Now to him who by the power at work within us is able to accomplish abundantly far more than all we can ask or imagine, to him be glory in the church and in Christ Jesus to all generations, forever and ever. Amen. - Ephesians 3:20-21

We're still early enough in the new year that this blessing may be just the thing to write in your journal—or on your heart. Perhaps you recently did your personal year in review and noted the things you promised you would do or be in 2024 and, somehow, you fell short. Or maybe you have a set of New Year's resolutions that are already beginning to seem more a burden than a blessing. Either way, it's not all up to you. The everlasting God "is able." There's a lot in those three words.

But Paul doesn't stop there. He continues, "God is able to accomplish abundantly far more than all we can ask or imagine." Hearing that, it's like the day has suddenly opened at the top. We may have our little lists, but God is able—able to accomplish abundantly far more than we can ask or imagine. Which leaves Paul in a stunned shout of praise and wonder: "To God be the glory in the church and in Christ Jesus to all generations, forever and ever."

Gregory of Nyssa told us that, "Concepts create idols, only wonder comprehends anything." Paul ends his blessing in wonder and invites us to go there with him as we begin this new year.

Prayer - Enable us, Holy God, to wonder beyond shortcomings or resolutions to you who are able to accomplish abundantly so much more than we ask or imagine. Amen.

(Excerpts UCC Daily Devotional 1/7/23)

# **Upcoming Activities**



#### Good News Group Larry Gladfelter, Ext. 6683

#### Theater

#### 10:30 am No sign up necessary

The Villager-led Good News Group is presenting the ministry of Pastor Gary Hamrick of Cornerstone Chapel, Leesburg, VA. Meeting together and watching the programs will deepen your understanding of God's Word and foster good fellowship. Our next presentation will be Genesis chapter 19:17-38.



# Winter Tea Party

**Dining Team** 

#### Garden Room Sign up in Uniquest or Harmony Ridge Lobby

Cost: \$28 per person Warm up your winter with an elegant tea party with Dining Services! See the menu in this Village Voice and sign up in Uniquest or Harmony Ridge Lobby. Registration is open now due to the short sign-up timeframe



### Mass Rescheduled Pastor Linda Titzell, Ext. 5580

#### 10:00 am No sign up necessary

#### **Nicarry Meetinghouse**

Father Carroll will offer Mass on Tuesday, January 21, at 10:00 am in the Nicarry Meetinghouse to replace the service cancelled earlier this month because of inclement weather.



# **Guest Speaker from PA Dept of Health** Terry Mobley, Ext. 5954

Village Diversity Group 12:00 - 1:30 pm **Encore Room** Sign up in Uniquest or Harmony Ridge Lobby

The Village Diversity Group strives to advance awareness of diversity issues to create an environment of inclusion through self-reflection, dialogue, and education. For our January meeting, public health educator Miriam Yattassaye, BSN, RN, will examine the topic of bias. She will share examples of bias that she has observed in both personal and professional settings, explore the origins of bias, and suggest interventions that might help us manage it.

# FRI JAN

#### **Hearing Screening** for Villagers Holly Fetting, Ext. 5544 **Director of Life Enrichment**

#### 9:00 - 11:00 am **Presto Room** Sign up in Harmony Ridge Lobby

Dusty from Darrell M. Sipe Opticians and Hearing Aids Inc. will provide free hearing screenings to Villagers every month. Each screening will take about twenty minutes. If you have an immediate need, please call 717-632-5558 for an appointment.



#### Village Trivia Kim Korge, Ext. 5272 **Memory Support Education** Coordinator

**Encore Room** 

#### 2:00 - 4:00 pm No sign up necessary

Join one of our existing trivia teams, test your knowledge, and laugh out loud. All in the name of brain health. Kim Korge is your host as you work together to answer trivia questions of varying levels of difficulty. After wading your way through the five categories, each containing five questions, you'll make a wager for the final questions and maybe win the tacky trivia trophy for the month. No sign-up is necessary; just show up and have fun!

# **Upcoming Activities**



### **Culinary Innovations** with Chef Cary Chef Cary Wells, Ext. 5672 **Campus Inn Executive Chef**

**Gathering Room** 11:00 am Sign up in Uniquest or Harmony Ridge Lobby Cost: \$17 per person

Following numerous requests, we are delighted to dedicate this session to the culinary exploration of scallops. Get ready to dive into this delicious world! In our interactive kitchen, we will explore this amazing ingredient, how to properly prepare it, uncover its health benefits, and discover countless ways to incorporate it into your diet. The class will end with a meal including the scallops prepared pan-seared and incorporated into a creamy risotto, alongside some simply sautéed greens.



**Heart-Shaped Basket Class** Monte Leister, Ext. 5293 Life Enrichment **Specialist** 

9:30 am - 12:00 pm **Art Education Studio** Sign up in Uniquest or Harmony Ridge Lobby

Try your hand at basket weaving (no experience necessary) with our resident basket weaver, Darlene Krepps. Create a small hanging heart basket. This is a great first basketweaving project!



#### **Cash Only: Johnny Cash Tribute Concert** Monte Leister, Ext. 5293 **Life Enrichment Specialist**

Theater

3:00 pm Sign up in Uniquest or Harmony Ridge Lobby

Relive the greatness of the legendary Johnny Cash through "Cash Only," a tribute band to the Man in Black. Hear the familiar hits and some lesser-known songs from a spectacular career. This show is sure to fill up, so sign up early!



FRI

**FEB** 

# **Sadie Hawkins Masquerade Dance** Nikki Bull, Ext. 5294

**Life Enrichment Specialist** 2:00 - 5:00 pm **Nicarry Meetinghouse** Free tickets available at Residential Living Desk

Step into a night of mystery and enchantment at our masquerade-themed Sadie Hawkins dance! This unique event invites all the ladies to take the lead and ask their special someone to join them for an unforgettable evening. Don your most elegant attire and a stunning mask to add an air of intrigue to the night. Dance the afternoon away under twinkling lights, enjoy delightful refreshments, and capture memories at our themed photo booth. Whether you're coming with a date or with friends, this is the perfect opportunity to embrace the magic and make lasting memories. Don't miss out on this enchanting experience!

#### Second Annual **Pinewood Derby Race ) ( )** Monte Leister, Ext. 5293 40 **Life Enrichment Specialist Avenue of the Arts**

#### 10:00 am - 3:00 pm See Monte Leister to sign up

Ladies and gentlemen, start your engines! It's time for our annual Pinewood Derby race featuring new cars only. See Monte and get your car kit so you can start building. The woodshop is happy to help with simple shaping cuts. Attend the Pinewood Derby info and idea session on Friday, January 17, to get your creative juices flowing.

If you would like to enter a previous car build in an exhibition race before the competition, please contact Monte Leister.

# Reminders

#### Canadian Island Trip Betsy Liou, Ext. 5144 CKV Sojourners

Incredible price includes:

- Motorcoach transportation
- 6 nights lodging including 3 nights on the Island of Coudres
- 12 meals: 6 breakfasts, 1 lunch, and 5 dinners
- Guided Tour of the beautiful Island of Coudres
- Guided Tours of Montreal & Quebec City
- Visit to the amazing Montmorency Falls
- Visit the picture-perfect Baie Saint-Paul in Charlevoix

Add peace of mind to your trip with Allianz Travel Insurance. Tips are included in the price.

#### **Trip Details:**

Date: Saturday-Friday, May 17-23, 2025 Depart: Union Sq at 8:00 am Deposit: \$75/person due at time of sign-up Balance due: March 10, 2025 Total Cost: \$1,395/person, double occupancy



#### Volunteers Needed Cindy Boyer, Ext. 5227 Volunteer Services

Volunteer Services is looking for the following:

- Volunteers to transport Sun Valley Healthcare residents to and from Peace Valley Lounge on Sunday mornings for church services. The time commitment would be 9:30 10:30 am.
- Strong volunteers to help periodically set up and tear down for events. This would involve setting up, moving, and tearing down tables and chairs.

You must be a registered volunteer to fill these needs. If you are not registered, Volunteer Services will work with you on the necessary steps. To volunteer in healthcare, you must read and sign the healthcare education packet and not volunteer in another clinical area (i.e. Personal Care or Brookside). Please contact Cindy Boyer at 717-624-5227 with any questions.





The team members behind CKV's new Lifespring program: (L-R) Kimberly Korge, Mary Rinaolo, Cassie Holtzapple, Marisa Southwick, Jennifer Holcomb, Erin Nelson

# **Activities Calendar**

# **Shopping Trips**



**Giant & Aldi** 9:00 am Sign up by 1/13, Harmony Ridge

tues Jan **21** 

**Weis Market** 9:00 am Sign up by 1/20, Harmony Ridge



**Walmart & PNC Bank** 9:00 am Sign up by 1/22, Harmony Ridge

# **Events**



Sunday Movie Matinee: "My Dog Skip" 2:00 - 3:35 pm Theater

mon jan **13**  Good News Group 10:30 am Theater Billiards Tournament Info Meeting 1:30 pm Gathering Room



**CKV Ringers Beginner Class** 11:00 am Ensemble Room

Jazz Night: Matthew Sandifer Duo 4:30 - 6:30 pm Campus Inn Call ext. 5656 for reservations

# ved Jan **15**

Ladies' Fellowship Breakfast 8:00 am Garden Room Sign up Uniguest or Harmony Ridge Lobby

**Improv Workshop** 10:00 - 10:45 am Theater Sign up Uniguest or Harmony Ridge Lobby

Figure & Character Drawing: Cartooning 10:00 am - 12:00 pm Art Education Studio Sign up Uniguest or Harmony Ridge Lobby

**National Hat Day Group Picture** 11:00 am Theater

#### THUR JAN

16

Village Woodshop Quarterly Meeting 9:00 am Ensemble Room

**Drawing Techniques** 10:00 am - 12:00 pm Art Education Studio Sign up Uniguest or Harmony Ridge Lobby

**Songwriting 101: Session 1** 11:00 am Theater Sign up Uniguest or Harmony Ridge Lobby

**Parkinson's Third Thursday** 1:00 pm Encore Room

# fri Jan **17**

**Pinewood Derby Information Session** 1:00 pm Art Education Studio

# sat jan 18

Winter Tea Party 1:00 pm Garden Room Cost: \$28/person Sign up Uniguest or Harmony Ridge Lobby

# **Activities Calendar**



#### Midwinter Musical Series:

**"The Lion King"** 1:30 pm Theater 2h, Rated PG

MLK Jr Celebration Bus Trip Depart Campus Inn at 5:40 pm Sign up Harmony Ridge Lobby Deadline Monday, January 13



**Illustration Basics in Colored Pencil** 10:00 am - 12:00 pm Art Education Studio Sign up Uniquest or Harmony Ridge Lobby

#### **Catholic Mass**

10:00 am Nicarry Meetinghouse

#### Travel Tours

11:00 am Theater

Village Diversity Group 12:00 - 1:30 pm Encore Room

**Illustration Basics in Colored Pencil** 1:00 - 3:00 pm Art Education Studio Sign up Uniguest or Harmony Ridge Lobby

wed Jan **22**  Parx Casino Bus Trip Depart Union Sq/Campus Inn 10:00 am Return approx. 4:00 pm

Sign up Harmony Ridge Lobby by 1/8

#### **Guesswork** 11:00 am Encore Room Sign up Uniguest or Harmony Ridge Lobby

THUR JAN **23**  Guesswork

11:00 am Encore Room Sign up Uniguest or Harmony Ridge Lobby

President/CEO Meet & Greet 1:00 - 3:00 pm Garden Room



Hearing Screening for Villagers 9:00 - 11:00 am Presto Room Sign up in Harmony Ridge Lobby

Art Exhibit Opening: "That's Amore" 12:00 - 2:00 pm Avenue of the Arts

**Megan Alder in Concert** 2:00 pm Theater Sign up Uniguest or Harmony Ridge Lobby

# sun Jan **26**

Sunday Movie Matinee: "The Monuments Men" 2:00 - 4:00 pm Theater

# mon Jan **27**

Midwinter Musical Series: "My Fair Lady" 1:30 pm Theater 2h 52m, Rated G

# tues Jan **28**

**Visiting Angels Presentation** 11:00 am Theater Sign up Uniguest or Harmony Ridge Lobby

Village Trivia 2:00 - 4:00 pm Encore Room

#### WED JAN

29

**Figure & Character Drawing** 10:00 am - 12:00 pm Art Education Studio

Sign up Uniguest or Harmony Ridge Lobby **Masquerade Mask Making** 1:00 - 3:00 pm Art Education Studio Sign up Uniguest or Harmony Ridge Lobby

Lunar New Year Movie: "Flower Drum Song" 2:00 - 4:15 pm Theater

# **Activities Calendar**



#### **Culinary Innovations**

11:00 am Gathering Room Cost: \$17/person Sign up Uniguest or Harmony Ridge Lobby



Movie Showing: "Lincoln" 2:00 - 4:30 pm Theater Rated PG-13



#### WellSpan Presentation 2:00 pm Theater

tues feb **18** 

**Villager Meeting** 1:00 pm Theater



**Heart-Shaped Basket Class** 9:30 am - 12:00 pm Art Education Studio Sign up Uniguest or Harmony Ridge Lobby



**Village Trivia** 2:00 - 4:00 pm Encore Room



**Heart-Shaped Basket Class** 9:30 am - 12:00 pm Art Education Studio Sign up Uniguest or Harmony Ridge Lobby

FRI
FEB
7

Cash Only: Johnny Cash Tribute Band 3:00 pm Theater Sign up Uniguest or Harmony Ridge Lobby

SAT FEB 8

**Sadie Hawkins Masquerade Dance** 2:00 - 5:00 pm Nicarry Meetinghouse Tickets available at Residential Living Desk FRI FEB **28**  **Pinewood Derby Race** 10:00 am - 3:00 pm Avenue of the Arts See Monte Leister to sign up



**Canadian Island Bus Trip** May 17 - 23 Depart Union Sq at 8:00 am

The content of programs may not represent the beliefs and opinions of the Church of the Brethren or the CKV organization.

#### Channel 25 Programming Monday, January 13

9:30am	Fitness Fusion w/Erika
10:00am	Hearty Lentil Soup w/Chef Jean-Pierre
11:00am	How to Draw an Old Oak Tree
12:00pm	War Factories: US Ships
1:00pm	Fitness Fusion w/Erika
2:00pm	Overfishing Wiped Out This Fishing Community

#### **Tuesday, January 14**

9:30am	Tai Chi w/Brittany
10:00am	Queen Victoria & the Victorian Era
11:30am	What Happens When Children Switched at Birth
	Aren't Switched Back
12:00pm	The Fishmen: The Badjao Tribe
1:00pm	Tai Chi w/Brittany
2:00pm	Stories About Dads w/Steve Hartman

#### Wednesday, January 15

9:30am	Fitness Fusion w/Madi
10:00am	The Ark and the Darkness
12:00pm	Brazil's Mightiest River
1:00pm	Fitness Fusion w/Madi
2:00pm	Church Service (replay)

#### **Thursday, January 16**

PurEnergy w/Brittany
The Untold Story of African Youth Football
Mollusks: More Than a Shell
PurEnergy w/Brittany
The Wildlife of Costa Rica

#### Friday, January 17

- Chairobics w/Brittany 9:30am
- 10:30am Clear Clogged Arteries Immediately
- 11:30am The Horrors Behind Foot Binding 12:00pm A Football Life – Bill Walsh
- 1:00pm Chairobics w/Brittany
- 2:00pm
- Separated at Birth: Twins & Triplets Reunite

### January 13 – 19, 2025

#### Saturday, January 18

8:30am	Brethren Voices
10:00am	Lady Margaret Beaufort – Matriarch of the
	Tudors
11:30am	Why Everyone Feels Pain Differently
1:00pm	America's Time: 1941-1945
3:00pm	The "Old Money" Families Who Built the
	Fashion Industry
5:30pm	The Fat Spy – 1966 Comedy
8:00pm	Frank Sinatra Spectacular: The Rat Pack 1965
	-

#### Sunday, January 19

8:00am 10:00am 11:30am 2:30pm 4:30pm 6:00pm 8:00pm	Jonathan Cahn Church Service Broadcast live from Nicarry Spirit and Opportunity: The History Guy Counting Cars Epic Muscle Cars & Hot Rods Church Service (replay) from January 12 Joshua: Warrior of God movie Authentic Unlimited live at Farmersville Fire Co
8:00pm	- Bluegrass

### Watch **In Touch** every weekday - live at 8:30 am and replayed at 3:00 pm & 8:30 pm.

For questions or requests related to Channel 25 programming, please contact Cindy Hockensmith, Communications Coord. at Ext. 5416 or email c.hockensmith@crosskeysvillage.org

#### \*Schedule subject to change\*

The content of programs may not represent the beliefs or opinions of the Church of the Brethren or the CKV organization.

Winter Tea Party

Garden Room Saturday, January 18, 2025 at 1:00pm Reservations required. Sign up in Uniguest or in the Harmony Ridge Lobby

#### \$28

Salad

Roasted Beets, Goat Cheese, and Pistachios over Arugula with a Sherry Tarragon Vinaigrette

Sandwiches

Cucumber with Herb Cheese on Wheat

Prosciutto, Brie, and Apple on Sourdough

Peach Chicken Salad on Brioche

# Soup

Butternut Squash Bisque with **Toasted Pumpkin Seeds** 

Desserts Clotted Cream & Lemon Curd Assorted Scones Spiced Orange Sponge Cake Chocolate Mousse in Chocolate Cups

Sign-ups open now!

Tea Selection

Wintertime Green Tea Lady Grey **Chocolate Peppermint** Caramel Vanilla

12



# DINNER SPECIALS

Includes your choice of:

Cup of Soup, Small House or Caesar Salad, Fruit Salad, Side of the Week, Coleslaw, or Applesauce

#### MONDAY, JANUARY 13

CLOSED

#### TUESDAY, JANUARY 14 JAZZ NIGHT FEATURING MATTHEW SANDIFER DUO

#### Note: Seam of Asparagus 🊱 🚱

#### Black and Blue Steak 17.50

A lightly Cajun-seasoned 8 oz. DelMonico steak topped with blue cheese. Served with garlic mashed potatoes and creamed spinach

#### Seafood Cioppino 14.00

Mussels, clams, shrimp, and crab served over angel hair pasta and a saffron broth. Served with garlic bread (GF Available)

\*Regular menu available\*

#### WEDNESDAY, JANUARY 15

**Curried Pork and Collard Greens with Couscous** 

Served with whipped potatoes and buttered corn

**Southern Fried Catfish 13.50** Cornmeal battered catfish served with hushpuppies, kale, and stewed tomatoes, and Remoulade sauce

#### Cheddar Biscuits

\*Regular menu available\*

denotes gluten avoided
 denotes vegetarian

# **JANUARY 13 - 18**

#### THURSDAY, JANUARY 16 COMFORT FOODS BUFFET 16.00

Pork Tenderloin topped with an Apricot Chutney

Roasted Chicken Thighs with Mushroom Gravy

Խ 🕄 Cheesy Rice

Mashed Potatoes 🗞

**Waxed Beans with Herb Butter** 

Braised Mustard Greens

National Selat 🎧 🔊

Dinner Rolls Assorted Desserts (Gluten Free Rolls and Dessert Available Upon Request)

#### FRIDAY, JANUARY 17 BBQ NIGHT AT THE CAFÉ

See Café All Day Menu for Details

#### SATURDAY, JANUARY 18 NO REGULAR MENU

Chicken Noodle Soup

Pretzel Crusted Chicken Breast 12.35

Chicken breast encrusted with crushed pretzels and topped with cheddar and mustard sauce. Served with a baked potato and steamed broccoli

Orange-Ginger Shrimp 14.00 Served with fried rice and broccoli

> **Bacon Cheddar Burger 10.00** Served with onion rings

Side of the Week: Marinated Vegetable SaladDesserts:Apple, Pear, and Cranberry Cobbler3.10Lemon Mousse Cake4.10

Consumer Advisory – Thoroughly cooking meats, poultry, seafood, shellfish and eggs reduces the risk of foodborne illness.

To Place A Carry Out Order Or To Preorder, Use Online Ordering Through Uniguest or Call Ext. 5656



Tuesday through Thursday, and Saturday 4:30 – 6:30 pm Closed on Sunday, Monday and Friday. Dinner available in Harmony Café on Friday

#### BEVERAGES

2.05

Coca-Cola • Diet Caffeine-Free Coke Sprite • Barq's Root Beer Minute Maid Lemonade • Ginger Ale Raspberry Iced Tea • Sweetened Black Tea Freshly Brewed Unsweetened Iced Tea Decaf or Regular Coffee Assorted Hot Tea Free Refills on all Drinks

### SOUP & SALADS

Soup Du Jour Cup 3.75 – Bowl 5.40

#### Classic Caesar sm. 3.60 lg. 6.70

Chopped romaine, parmesan cheese, croutons and Classic Caesar dressing,

#### House Salad sm. 3.60 lg. 6.70

Spring mix lettuce, cucumbers, cherry tomatoes, carrots, choice of dressing

#### Add Protein To Your Salad

Grilled chicken 3.60 Grilled Salmon 5.00

### SANDWICHES

pretzel roll

Served with one side, cup of soup add 1.60 Gluten-free roll add 0.85

Chargrilled Burger9.307 oz Angus beef patty with lettuce, tomato,<br/>onion, choice of cheese on a grilled kaiser roll

Bacon Cheddar Burger12.307 oz Angus beef patty with bacon, cheddar<br/>cheese, lettuce, tomato, onion, on a grilled

Fried Chicken Sandwich9.25Breaded chicken breast with lettuce, tomato,<br/>and mayonnaise on a grilled kaiser roll



To place a carry out or delivery order use online ordering through Uniguest or call ext. 5656

Reservations are required for dine-in service for parties of 5 or more. Please call 717-624-5656

Consumer Advisory – Thoroughly cooking meats, poultry, seafood, shellfish and eggs reduces the risk of foodborne illness.



### ENTREES

Includes two side items and choice of cup of soup, small house or Caesar salad, fruit salad, side of the week, coleslaw, or applesauce.

- Garlic & Sage Rubbed 13.25 Pork Chop 6oz pan-roasted center cut pork chop served with natural jus
- Grilled Chicken Breast 12.35 Garlic & thyme marinated grilled chicken breast
- Fried Chicken Tenders10.80Breaded chicken tenders, fried golden brownImage: Stread of the strea

# PASTA

All pasta served with garlic bread and choice of cup of soup, small house or Caesar salad, fruit salad, side of the week, coleslaw, or applesauce. Gluten-free pasta add 1.70.

Angel Hair Pasta with Marinara 9.00

Angel hair pasta, homemade marinara and parmesan cheese

#### Angel Hair Pasta with Meat Sauce 11.25

Angel hair pasta, homemade meat sauce and parmesan cheese

#### Chicken Parmesan

11.25

Breaded chicken, angel hair pasta, homemade marinara, mozzarella and parmesan cheese

### SIDES

2.60

Onion Rings French Fries
Sweet Potato Fries
Green Beans
Steamed Broccoli
Peas
Mashed Potatoes
Baked Potato
Sweet Potato
Sweet Potato
Cinnamon Apples
Harvard Beets Macaroni & Cheese Look For Our Special Side Of The Week On The Specials Menu

#### DESSERTS

Slice of Cake	4.10
Slice of Pie	3.10

Genotes gluten avoided



# Friday, January 17

Breakfast: 8:00 – 10:00 am Grab 'n' Go: 10:00 – 11:00 am Lunch: 11:00 – 2:00 pm Grab 'n' Go: 2:00 – 3:00 pm Dinner: 4:30 – 6:30 pm

Grab 'n' Go selections also available during dining hours.

To place a carry out order or preorder use Online Ordering through Uniguest or call ext. 5678. Reservations required for dine-in service for parties of 5 or more. Call ext. 5678 for reservation.

Please call ahead for any dietary accommodations.



# **Breakfast**

Breakfast Pizza 6.50 Egg, bacon, seasoned ground beef, diced tomato, and cheese

# Lunch

Sloppy Joe Grilled Cheese8.25Sloppy joe beef grilled on sourdoughbread and cheddar cheese

Chicken BLT Salad 8.25 Grilled chicken over spring mix with grape tomatoes, cheddar, bacon, ranch, and croutons

# Dinner "BBQ Night"

# **Choose One:**

BBQ Chicken Wings (6) Served with celery and carrot sticks. Ranch or blue cheese dressing	9.00
Steakhouse Chili Topped with cheese and a side of corn bread	6.00
KC Baby Back Ribs Served with mac & cheese and braised collard greens	13.00
BBQ Pulled Pork Sandwich Served with mac & cheese	10.00

Harn CAF	<b>ONY</b>		weekly specials January 13 - 18
breakfast 8:00 - 10:00 am		soup	<b>lunch</b> 11:00 am - 2:00 pm
CKV Southwest Breakfast English	mor	Beef Barley	Dill Salmon Salad 9.00 Spring mix lettuce, grilled salmon, tomato, cucumber,
Muffin Half an English	tues	Cream of Asparagus	asiago cheese, and lemon dill ranch
Muffin, fried egg, avocado, fresh salsa, cheese, and fresh fruit 6.75	wed	Curried Pork and Collard Greens with Couscous	Roast Beef Sandwich 8.50 Thinly sliced roast beef, cheddar cheese, lettuce, tomato, and tiger sauce on a kaiser roll
	thur	• • • Turkey and Rice	Chicken BLT Salad 8.25
Breakfast Pizza Egg, bacon, seasoned ground beef,	fri	Roasted Tomato and Mushroom	Grilled chicken over spring mix with grape tomatoes, cheddar, bacon, ranch, and croutons
diced tomato, and cheese 6.50	sat	Chicken Noodle	Sloppy Joe Grilled Cheese 8.25 Sloppy joe beef grilled on sourdough bread and cheddar cheese
coffee		smoothie	side
Caramel		Chocolate Banana Almond milk, vanilla yogurt, chocolate syrup, and bananas	Marinated Vegetable Salad Cauliflower, carrots, peppers, cucumbers, and tomatoes with a zesty Italian dressing
hearth ov	en	bakery	desserts
Supreme Pizza 10.5	50	Blueberry Muffin 1.80	Apple, Pear, and Cranberry
Spinach Artichoke Dip		Strawberry Coffee Cake 2.80	Cobbler 3.10 Lemon Mousse Cake 4.10
Consumer advisory - Tho poultry, seafood, shellfish of foodborne illness	roughly coc 1, and eggs	oking meats, reduces the risk	luten avoided 🛛 😡 - vegetarian



mon - sat 8:00 - 3:00

breakfast served daily until 10:00 am

Two Eggs Any Style (served with choice of toast)	4.10
Egg Sandwich	4.10
Egg & Meat Sandwich	4.80
Egg Omelette (add .60 for each additional filling)	5.65
Two Bacon Strips/Two Sausage Links	1.60
Toast (White / Wheat / Rye / Sourdough)	.65
Gluten-Free Bread	1.25
English Muffin	1.30
Bagel & Cream Cheese	2.40
Home Fries / Hash Browns	1.55

hearth oven pizza gluten-free dough available +0.85

Cheese Pizza	9.85
Pepperoni / Sausage Pizza	10.35
Flatbread (Cheese or Meat)	8.00

# sandwiches

gluten-free bread available +0.85

Burger (Beef / Turkey / Garden / Spicy Black Bean)8.50			
Vegetarian Wrap	6.95		
Cold Sandwiches Sm 6.1 Turkey, Ham, Corned Beef, Tuna Chicken Salad, Egg Salad, Class			
Grilled Cheese	5.55		
Hot Dog	5.55		
Gourmet Grilled Cheese	7.45		
Tuna Melt	7.75		
Grilled Chicken Deluxe	7.75		
Reuben / Rachel	8.00		
Philly Cheesesteak	8.00		
Served with your choice of side Add 1.60	for cup of soup		

Served with your choice of side. Add 1.60 for cup of soup.

bakery	salads					
Muffin	1.80	Garden Salad		5.75		
Cinnamon Bun / Scone / Pie	3.10	Classic Chef		8.25		
Cookie 1.50 ea	3 for 3.70	Grilled Chicken Caesc	Ir			
Cake	4.10	Grilled Chicken Salad				
beverages	sides					
Coffee / Iced Tea / Fountain Drinks	1.80	Homemade Soup	cup 3.75	bowl 5.40		
Specialty Coffee / Hot Cocoa	French Fries, Sweet Potato Fries, 2.60 Onion Rings, Fruit Salad, Applesauce, Coleslaw					
To preorder use online ordering on Uniquest						

preorder, use online ordering on Uniquest. Reservations required for parties of 5 or more. Call ext. 5678 to make reservations or preorder by phone.

Breakfast 8:00 - 10:00 am, Lunch 11:00 am - 2:00 pm Grab 'n' Go 10:00 - 11:00 am and 2:00 - 3:00 pm